



Seven Hills West Public School

Respectful, Safe, Responsible Learners



you can sit with me

Dear Parents and Caregivers,

On Friday 2nd June 2023, our school community will be acknowledging YOU CAN SIT WITH ME day.

YOU CAN SIT WITH ME is a kindness campaign and an anti-bullying initiative that supports children suffering with anxiety, depression and feelings of isolation. YOU CAN SIT WITH ME aims to bring communities together and promote kindness. 5 simple words to help change children's lives - YOU CAN SIT WITH ME.

During the day the staff and students will be participating in:

- Making friendship wrist bands with kind messages.
- Writing kindness messages with chalk in our playground.
- Shared reading of different kindness books within the classroom.
- The opportunity to purchase baked goods at a cake stall at recess to raise money to purchase our school a "friendship bench".
- Our Preschool Emu group will acknowledge this on Monday 5th June 2023.

Students are encouraged to wear a touch of yellow within their mufti attire on Friday. This may be a yellow T shirt, headband, ribbon, socks etc. We ask for families to provide a gold coin donation which will be put towards purchasing the friendship bench.

All photos of this day will be posted on our school Facebook page for you to view and promote further discussion with your child/ren.

Ms S Clements
Principal
29.05.23

Mrs A Soriente
Organising Teacher & LWST co-ordinator

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A Proud PBL School (Positive Behaviour for Learning)