



# Seven Hills West Public School

Respectful, Safe, Responsible Learners

## Gymnastics

Dear Parent/Caregiver,

Students in **Years 3 – 6 including Support** will be participating in a 5 week Gymnastics program. As part of the Physical Education (PE) component of the PDHPE Curriculum we have organised for a professional gymnastics school to teach our students in 3-6 a range of preliminary gymnastics skills. Gymnastrix will supply Certified Gymnastics Instructors and a wide range of specialised equipment to provide our students with coaching and experience that will allow for the development of fundamental movement skills.

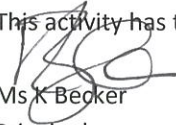
The details are as follows:

- Date:** Every Friday from Week 5 (23<sup>rd</sup> August) to Week 9 (20<sup>th</sup> September)
- Time:** 11:20am – 3pm
- Where:** School Hall
- Cost:** **Nil.** \*We have been able to use our Sporting Schools Funding to subsidise the total cost of the program for each child in 3-6 including Support classes.
- Uniform:** School sports uniform including joggers. Girls should not wear dresses or skirts on Fridays and should have their hair tied back.

Please sign the permission note below and return it to the office by **Friday 23<sup>rd</sup> August**.

Attendance at this event is dependent upon behaviour and is at the discretion of the school executive.

This activity has the approval of the Principal.

  
Ms K Becker  
Principal  
16.08.2019

Mr G Jones  
Assistant Principal

Mrs S Barber  
Sports Coordinator

✂.....✂

**SEVEN HILLS WEST PUBLIC SCHOOL**  
**Gymnastrix**

I give permission for my child .....of class ..... to participate in the **Gymnastrix program** at Seven Hills West PS every **Friday from Week 5 (23.08.19) to Week 9 (20.09.19)**.

My child has the following special medical needs:  
.....  
.....

Signature: .....  
Parent/Caregiver

Date: .....

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A Proud PBL School (Positive Behaviour for Learning)