



# Seven Hills West Public School

Respectful, Safe, Responsible Learners

## School Swimming and Water Safety Program

Years 3-6 Support



Dear Parent/Caregiver

**Students from Years 3-6 in a support class** are invited to participate in the School Swimming and Water Safety Program in Term 3. This program is run by the Department of Education School Sports Unit with fully qualified instructional staff, in conjunction with Seven Hills West staff members. It is an intensive learn to swim program, which develops water confidence and provides students with basic skills in water safety and survival.

**If your child is NOT able to confidently swim 25 metres, it is strongly recommended that they attend the School Swimming and Water Safety Program.** We encourage students who have not yet reached a satisfactory standard of water safety and survival skills, or are unable to swim 25 metres unaided in deep water to participate in the School Swimming Program.

Due to the structure of this program, we are only able to take **30 students** from support classes.

The details are as follows:

**Date:** Monday 5<sup>th</sup> August to Friday 16<sup>th</sup> August.

Term 3 Week 3	Monday 5 <sup>th</sup> August	Tuesday 6 <sup>th</sup> August	Wednesday 7 <sup>th</sup> August	Thursday 8 <sup>th</sup> August	Friday 9 <sup>th</sup> August
Term 3 Week 4	Monday 12 <sup>th</sup> August	Tuesday 13 <sup>th</sup> August ATHLETICS CARNIVAL	Wednesday 14 <sup>th</sup> August	Thursday 15 <sup>th</sup> August	Friday 16 <sup>th</sup> August

**Where:** Blacktown Aquatic Centre, 4 Boyd Street, Blacktown

**Time:** 9.45am – 12.15pm

**Cost:** There is no cost for this activity for support students

**Transport:** Walking to and from the pool

Please ensure you complete the permission note and hand it in to the front office along with payment by **Friday 26<sup>th</sup> July, 2019** to ensure you secure a place for your child/ren.

As the Athletics Carnival is on Tuesday Week 4, there will be no School Swimming and Water Safety Program on Tuesday 13<sup>th</sup> August.

Cnr Lucas Road and Sackville Street Seven Hills NSW 2147  
Telephone: 9622 2136 Facsimile: 9831 6437 Email: [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)



A Proud PBL School (Positive Behaviour for Learning)



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Students should wear their swimming costume underneath their uniform to school each day. This will enable a quick change at the pool as the swimming session commences immediately upon arrival.

The following items need to be brought in a small, suitable, labelled bag (separate to their school bag):

- Towel
- Dry underwear (for changing into after the lesson) - children are not to wear their wet swimming costume under their uniform when returning to school
- Plastic bag for wet swimming costume after swimming
- Warm school clothing for cool weather. While the pool is inside and the water is heated, it is suggested that students bring **warm school clothes** for the walk back to school.
- Brush/comb for hair
- Swimming cap and goggles are recommended, but not compulsory.

Students will eat their recess before departing school for the swimming program.

Attendance at this event is dependent upon behaviour and is at the discretion of the school executive.

All accompanying staff members have emergency care and CPR training.

This activity has the approval of the Principal.

Ms K Becker  
Principal  
25.06.19

Mrs W August  
Assistant Principal

Mrs M Moon and Miss J Selman  
Teachers/Coordinators



## SEVEN HILLS WEST PUBLIC SCHOOL School Swimming Program

I give permission for my child .....of class .....  
to participate in the School Swimming Program at Blacktown Aquatic Centre from Monday 5th August to Friday 16th August between 9.45am and 12.15pm.

- I understand that travel will be by walking.
- There is no cost for this activity for support students
- My child has the following special medical/dietary needs:

.....  
.....

Signature: .....  
Parent/Caregiver

Date: .....

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