

# SHWPS SPOTLIGHT



Cnr Lucas Rd & Sackville St  
 Seven Hills NSW 2147  
 Subscribe: <https://sevenhillwps.schoolzineplus.com/subscribe>

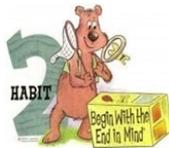
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TERM 1 – WEEK 5

## LEADERSHIP HABIT FOR THE FORTNIGHT

### Habit 2 – Begin with the End in Mind:



I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my family and contribute our family’s mission and vision, and look for ways to be a good citizen.

### Key Events

- P&C Meeting – Wednesday 22nd Feb 9.15am
- Meet the Teacher Night – Wednesday 22nd Feb 3.15pm
- P&C Popcorn & Popsicle Day – Friday 24th Feb
- Stage 3 Zoo excursion – Tuesday 28th Feb
- P&C Meeting - AGM – Wednesday 15th March
- P&C Colour Run – Wednesday 29th March
- Last Day Term 1 – Thursday 6th April

## CALENDAR

### TERM 1 – 2023

Planning Sheet for Term 1 – 2023				
Monday 20	Tuesday 21	Wednesday 22 P&C Meeting 9.15am	Thursday 23 Footsteps Dance – Years 3-6	Friday 24 UNIFORM SHOP 8.30am-9.30am
		KEEP CALM COME TO A P&C MEETING	DANCE	POPCORN & POPSICLE DAY
		Meet the Teacher Afternoon K-6 MEET THE TEACHER		
Monday 27	Tuesday 28 Stage 3 Zoo Excursion	MARCH Wednesday 1	Thursday 2 Footsteps Dance – Years 3-6	Friday 3 UNIFORM SHOP 8.30am-9.30am
		ZOO	DANCE	
Monday 6	Tuesday 7	Wednesday 8	Thursday 9 Zone Swimming Carnival	Friday 10 UNIFORM SHOP 8.30am-9.30am
			Footsteps Dance – Years 3-6	
			DANCE	
Monday 13	Tuesday 14	Wednesday 15 P&C Meeting 9.15am	Thursday 16 Footsteps Dance – Years 3-6	Friday 17 UNIFORM SHOP 8.30am-9.30am
		KEEP CALM COME TO A P&C MEETING	DANCE	

9	Monday 20	Tuesday 21	Wednesday 22	Thursday 23 Footsteps Dance – Years 3-6 	Friday 24 UNIFORM SHOP 8.30am-9.30am 
	Monday 27	Tuesday 28	Wednesday 29 P&C Colour Run 	Thursday 30 Footsteps Dance – Years 3-6 	Friday 31 UNIFORM SHOP 8.30am-9.30am 
10	APRIL Monday 3	Tuesday 4	Wednesday 5	Thursday 6 LAST DAY TERM 1   Footsteps Dance – Years 3-6 	Friday 7 GOOD FRIDAY 
	Monday 10 EASTER MONDAY	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
11	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21

Dates and activities are subject to change. Please review newsletter, our Facebook page and/or our school website, for any changes.

## PRINCIPAL'S MESSAGE

Dear Parents,

Welcome to the first edition of our 2023 school newsletter – the SHWPS Spotlight – which is published twice per term. Our newsletter will keep you informed about the many exciting activities that your children are involved in and each term we showcase our Years K-2 and Years 3-6 classes.

On behalf of our whole school community, I would like to welcome our returning and new students and their families to Seven Hills West Public School. I know that you will enjoy your stay at our school and find it a very positive experience.

This year we have increased our enrolment to 370 students and have formed 12 mainstream primary classes, taking us to 18 classes this year (including two Preschool sessions and our 5 Support Classes). I congratulate our students on their very positive start to the year. Our Years 1 to 6 students have made an excellent transition and our Kindergarten students have participated with enthusiasm in the Best Start program and their first few days of school. It has been a pleasure to visit the Kindergarten and Years 1-6 classes. A key highlight for me was watching Kindergarten and their Year 6 buddies form lovely connections as they transitioned into school.

I would like to welcome the following new teachers to our school: Marie Pipikios (Assistant Principal – Curriculum Instruction), Morgan Griffiths (Assistant Principal – Years 3-6 & 5/6A), Sarah Sloan (1B), Sharon Ward (1A), Amanda Dunger (1B), Troy Gibbs (3/4A), Brooke Bedford (4A), Miriam Lewis (K-6 Purple) and Alysha McLennan (Science RFF). They join our fabulous team and have already shared wonderful educational ideas at our two School Development Days.

Our Executive Team for 2023 are: Ashleigh Soriente / Alainya Zollinger (AP - Specialist), Morgan Griffiths (Assistant Principal – 3-6), Louise Gatt (Assistant Principal – K-2), Monika Arora (AP – Support) and Marie Pipikios (Assistant Principal – Curriculum Instruction). As a leadership team, our focus is on embedding a culture of dynamic learning, staff professionalism and school

wellbeing as we consolidate the 7 Habits and Leader In Me program across the school.

Our school is very fortunate to have a group of dedicated and experienced teachers to support and help each child reach their full potential. A complete list of our 2023 staff and classes is below:

## LIST OF 2023 STAFF MEMBERS and CLASSES

Principal	Shanti Clements
Assistant Principal- Specialist	Ashleigh Soriente / Alainya Zollinger
Assistant Principal – Curriculum	Marie Pipikios
Assistant Principal 3-6 & 5/6A	Morgan Griffiths
Assistant Principal – K-2 & 1A	Louise Gatt
Assistant Principal - Support & K-2 Aqua	Monika Arora
Middle Leader & 6A	Noreen Rosario
Middle Leader & K-6 Pink	Gemma Dalton-Keep
School Administrative Manager	Nicole Neylan
School Administrative Officers	Regina Kennedy and Joanne Burgess
General Assistant/ Technology	Jason Hogg
Preschool	Natalie Roche, Sharon North, Madeline Linder
KA	Sarah Luc
KB	Nicole Chuang
1B	Sarah Sloan
2A	Sharon Ward
2B	Amanda Dunger
3A	Anshu Radhakrishnan
3/4A	Troy Gibbs
4A	Brooke Bedford
5A	Priscina Thomson
K-6 Rainbow	Megan Moon
K-6 Orange	Miriam Lewis
3-6 Purple	Ann Chung
Library RFF	Shalini Gupta
Science RFF	Alyssa McLennan
QTSS RFF	Carla Burne and Anna Sharma
LAST	Ashleigh Soriente, Alainya Zollinger, Madeline Linder, Tamara Brew
EAL/D	Karen Bax and Gabrielle Brown
School Counsellor	Whitney Moe
Mainstream SLSO	Jessica Greer and Victoria Brooks

Support Unit SLSO	Rosalind Jacobs, Michelle Wilson, Zoe Greer, Joanne Cini & Nichole Ramos.
Literacy/Numeracy Tutors	Chloe Sakiris and Olivia-Rose Tarantola
SFLM Release	Shaina Shahid

- Support Unit classes – in the K-6 Pink, K-6 Rainbow, K-2 Aqua and 3-6 Purple classes

#### NOTE:

- Support class K-6 Orange will be held on Friday 24th February at 3.15pm (in the classroom)
- Preschool – WOMBAT – will be held at 2.30pm on Friday 24th February (in Preschool)
- Preschool – EMU – will be held at 2.30pm on Monday 27th February (in Preschool)

## Welcome to our 2023 Year 6 Leadership Team

Congratulations to our Year 6 leaders! They have now officially commenced their roles and are doing a fabulous job supporting our students. Here are our Year 6 leadership team for 2023.

#### Sport Captains

- Koalas – Naman Chahal and Riya Patel
- Kookaburras – Mahir Sheikh and Subaksanaa Gowrikan
- Kangaroos – Kourosh Narimani and Aisha Fawad

#### Prefects:

- Aman Chahal and Diya Ghandi

#### Vice Captains

- Ian Kang and Abeesha Jaya Silan

#### School Captains

- Aras Malak and Jenolin Pieris

I would also like to reassure parents that all Year 6 students in 2023 will have an opportunity to take on leadership roles and responsibilities as part of The Leader in Me program. This will support our Year 6 students in exploring a range of leadership skills throughout the year.

## Parent Information Sessions – Wednesday 22nd February 2023

All parents and carers are invited to attend the Term 1 Class Information afternoon on Wednesday 22nd February 2023. It is very important to attend this session as you will be able to meet your child's teacher and learn about what is happening in the classroom program, key routines and the teaching and learning program for Term 1.

Please note that this is not the time to discuss individual students, rather it is the opportunity to learn about the academic focus and class routines your child's teacher will be establishing.

If you wish to talk to your child's teacher please make a separate appointment.

### Overview of the Class Information Afternoon

Principal's Welcome – School Hall – 3.15pm to 3.45pm

(Introduction to whole school procedures and staff for 2023)

Class Information sessions with Teachers – 3.45pm to 4.30pm

- Early Stage 1 – Kindergarten rooms
- Years 1 and 2 in the 1A, 1B, 2A, 2B classes
- Years 3 to 6 in the 3A, 3/4A, 4A, 5A, 5/6A, 6A classes

We look forward to meeting all parents at the Classroom Information Afternoon on Wednesday 22nd February (or your designated day).

Please don't forget to return the following permission notes as soon as possible:

1. Child Protection note
2. Duty of Care and Supervision Plan (After School Pick-Up Details)
3. Internet Policy Rationale and Contract
4. Media Permission note
5. Parent Volunteer – Working With Children Check (Appendix 5) – annual form
6. Third Party Data Permission note
7. Special Religious Education

## Our School Improvement Plan 2021-2024

Our school's Strategic Improvement Plan focuses on 3 strategic directions. Our strategic directions were developed in consultation with our students, staff and parents. Our 3 strategic directions are:

### 1. Student Growth and Attainment

Visible Learning and Assessment

- Teacher Efficacy in Classroom Practice

This strategic direction will optimise student learning outcomes in literacy, numeracy and other key learning areas by delivering evidence-informed educational best practice that is responsive to the learning needs and aspirations of our students in every classroom.

### 2. Student Voice, Engagement and Wellbeing

Increasing student voice and learning engagement in every classroom

- Enriching student wellbeing and resilience at school

This strategic direction will grow and sustain a culture of learning, wellbeing and engagement for our students, staff and parents by implementing programs that enable every person to connect, thrive and flourish.

### 3. Leadership for School Excellence

Growing and Sustaining a Culture of Leadership Efficacy

- Enriching Student Agency Through The Leader in Me Program

This strategic direction will embed a strategic, distributed and capacity-building mentoring and coaching culture across the school to deliver P-6 educational leadership for school excellence.

## Swimming Carnival and Zone Swimming Carnival (Seven Hills /Wentworth Zone)

Our annual school swimming carnival for students in Years 2 to 6 was held on Tuesday 7th February at the Blacktown Aquatic Centre. Thank you to Mrs Dalton-Keep and Mrs Ramos for doing such a great job organising the combined event with The Meadows Public School, Marayong Heights PS and Seven Hills West PS. Congratulations to our students who will participate on the day – we know you will do our school proud!

The Zone Swimming Carnival will be held at Blacktown Aquatic Centre on Thursday 9th March 2023. Congratulations to the following students who have been selected to represent our school at the Zone Carnival: Ivy 5A, Isabella 5A, William 3A, Charlotte 4A, Keenan 4A and William 6A.

## NAPLAN 2023 – Wednesday 15th March to Monday 27th March 2023

The National Assessment Program have made changes to NAPLAN. The assessment traditionally held in May, will move to mid-March. NAPLAN will occur from Wednesday 15 March to Monday 27 March 2023. The NAPLAN test window is nine days. Day 1 is Wednesday 15 March 2023 and day 9 is Monday 27th March 2023.

Schools must schedule the tests to be taken in the following order:

1. Writing
2. Reading
3. Conventions of language (spelling, grammar and punctuation)
4. Numeracy.

All classes in a school must complete a domain before classes can move onto the next domain. Each student must complete the reading test before they are able to sit the conventions of language test.

Schools are able to use the 9-day test window to schedule tests, noting the test sequence in the table below and the following:

- Tests must be scheduled as soon as possible within the test window, prioritising scheduling in the morning over the afternoon.
- If students do more than one test in a given day, they must be given a break of at least 20 minutes between test sessions.

Years 3 and Years 5 Scheduling requirements Duration Test description

Years 3 and Years 5 Scheduling requirements	Duration	Test description
<p><b>Writing</b></p> <p>Year 3 students do a paper-based writing test (on day 1 only). It is recommended that Year 3 writing tests be completed by all classes at the same time in the morning.</p> <p>Years 5 writing must be scheduled on day 1, with day 2 only used where there are technical or logistical limitations.</p>	<p>Year 3: 40 minutes</p> <p>Year 5: 42 minutes</p>	<p>Students are provided with a 'writing stimulus' (sometimes called a 'prompt' – an idea or topic) and asked to write a response in a particular genre (narrative or persuasive writing).</p>
<p><b>Reading</b></p> <p>To be completed before the conventions of language test.</p>	<p>Year 3: 45 minutes</p> <p>Year 5: 50 minutes</p>	<p>Students read a range of informative, imaginative and persuasive texts and then answer related questions</p>
<p><b>Conventions of language</b></p> <p>To be completed after the reading test</p>	<p>Year 3: 45 minutes</p> <p>Year 5: 45 minutes</p>	<p>This test assesses spelling, grammar and punctuation</p>
<p><b>Numeracy</b></p> <p>To be completed after the conventions of language test</p>	<p>Year 3: 45 minutes</p> <p>Year 5: 50 minutes</p>	<p>This test assesses number and algebra, measurement and geometry, and statistics and probability</p>

## P&C Meeting (Parents and Citizens Association) – Wednesday 22nd February 9.15am

The first P&C meeting for the year will be held on the Wednesday 22nd February at 9.15am in the Staffroom. All parents are encouraged to attend these meetings. The Zoom link for the P&C Meeting is:

Join Zoom Meeting

<https://nsweducation.zoom.us/j/8980898815?pwd=L0gzZ1VlN0tzUUE0ZzdwdStlUTl5QT09>

Meeting ID: 898 089 8815

Passcode: SHWPS

Following this meeting, the second P&C meeting in March will be the **Annual General Meeting** where all P&C executive positions are voted on. If you would like to be eligible to vote for people who have nominated to executive positions or to nominate yourself to an executive position, please ensure you are a financial member before this meeting.

You can leave your \$1 P&C member payment with the office in a clearly marked envelope with your name. We will provide

this to the P&C. Please ensure any payments are made prior to March 16 so that you can vote.

If you would like to nominate yourself for any of the executive roles (President, Vice President, Treasurer or Secretary), please send your nomination and a brief bio, via this survey monkey link: <https://www.surveymonkey.com/r/RQLHFKD> or scan the QR code below.



## Safe School Operations for Term 1

School commences at 9.00am for students. Supervision before school begins at 8.30am and students will be sent to their classes from 8.45am if wet weather occurs.

## School Hours and Duty of Care

Our school hours are between 8.30am to 3.00pm. Recess is between 11.00am to 11.30am. Lunch is between 1.30pm to 2.00pm. Students also have daily 'Crunch and Sip' and water breaks.

***For duty of care reasons, please note that students cannot arrive at school before 8.30am.*** If you need to drop your child to school earlier than this, please make a Before School booking with our onsite Wesley OOSH.

***Drop-off at the start of the day*** (see the attached School Map)

Students will enter the school through the following gates: Gate 1 (Pedestrian/New Hall Gate), Gate 2 (Bus Stop/OOSH Gate) or Gate 3 (Sackville Road Gate).

***Pick-up at the end of the day***

Students will meet in the COLA at 3pm so that parents and siblings can pick up students from a common meeting area.

\*Please note that students receiving Assisted Transport will be taken to the Taxi area for their normal drop-off and pick-up routines.

## Hygiene

We have been allocated enhanced cleaning services each day. Each classroom is equipped with plenty of soap, hand sanitiser and paper towels.

All teachers will remind students to:

- wear a face mask (if they are in Year 3 or older and opt to do this)
- wash their hands frequently with soap and water before and after eating and after going to the toilet
- cover their nose and mouth when they cough or sneeze
- avoid touching their faces
- limit physical contact when greeting people

All children will need to bring their own drink bottle to school to prevent use of the bubblers. Children will be able to fill up their water bottles using the Water Refill Station outside the school hall.

The playground will be monitored in line with social distancing guidelines.

## Sick Bay Procedures

Any child who presents to the sick bay will have their temperature checked. Any child who becomes unwell during the day will be sent home. We are taking every precaution we can to keep us all safe.

Please follow health advice and keep your child/children at home if they are unwell. For the latest health information about the COVID situation, please click on the link below.

<https://www.nsw.gov.au/covid-19>

We appreciate your support during this difficult and complex time where the situation and guidelines are constantly evolving. If you have any questions or concerns, please contact the school via email at [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au) or phone (02) 9622 2136.

## Uniform Shop

The Uniform Shop will be open every Friday morning from 8.30-9.30am for parents to purchase school uniform items.

## School Canteen – Please Order Using our FlexiSchools Online Canteen

Our online FlexiSchools canteen is operates full-time (5 days a week). An arrangement has been made with Blacktown Subway to provide school lunch meals for our students. We have received very positive feedback from parents about the healthy menu and quality of the food from Blacktown Subway. Please note that Subway are following the NSW guidelines for Healthy Canteens, which supports nutritious and healthy foods for our students. ***If you get stuck on anything, call FlexiSchools on 1300 361 769.***

To register for our online FlexiSchools Canteen, please follow these instructions:

Set up your account

1. Download the FlexiSchools App. Download the app from the App Store or from Google Play.  
Note: for iPhone and iPad please select 'Allow' notification
2. Register

Open the FlexiSchools App and click 'Like to register?', enter your email address and click 'Register'. You will be sent a registration email. Follow the instructions in the registration email to finish setting up your account. Once your account is set up, login to the FlexiSchools App, select the Profile icon on the grey navigation bar, select Student and 'Add a student', search for their school name, select their year level and class and enter their details.

3. Top Up Your Account

To make ordering fast and simple, you can set up automatic top ups.

## Order

1. Place your order  
In the FlexiSchools App, swipe up and down to find the service category you are interested in, swipe left and right to find the service you are interested in and select the green 'Order' button.
2. Make your selection  
Select the items you wish to order.
3. Make payment  
Select your payment option and complete payment to place your order.

## Daily Attendance

Once enrolled, students from Kindergarten to Year 6 are required to attend school each day. It is important that students arrive at school and class on time so that they do not miss out on important learning activities scheduled early in the day. Each day, teachers mark attendance for every student.

Lateness is recorded as a partial absence and must be explained by parents.

### What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include illness, having an unavoidable medical appointment, being required to attend a recognised religious holiday, exceptional or urgent family circumstance e.g. attending a funeral.

Following an absence from school parents must ensure that within 7 days they provide our school with a verbal or written explanation for the absence.

## Road Safety

We request that parents and students walk to and from school using the road safety guidelines. We have a Pedestrian Crossing Officer who monitors the children's crossing on Lucas Road each morning and afternoon.

Some safety tips:

### Children's Crossing on Lucas Road:

- Slow down and stop before the stop line if a pedestrian is on or is about to enter the crossing.
- Do not proceed until all pedestrians have left the entire crossing.
- If the road beyond the children's crossing is blocked you must not drive into or stop on the crossing.
- You must not stop in the No Stopping zones either side of the crossing as this blocks vision.
- You must NOT conduct u-turns across double lines before or after the crossing.

### Walking to school:

Walking to school is a great way for both you and your children to get some physical activity and stay healthy.

- Remember to set a good example and use pedestrian facilities when available.

- Always hold hands and teach the road safety rules of stop, look, listen and think before crossing the road.

### No Stopping zones:

- Do not stop in a No Stopping zone at any time.
- These zones are designed to allow visibility for pedestrians and drivers especially around crossings.
- An unbroken yellow kerb line is a No Stopping line and therefore the same rules apply as for a No Stopping Sign.
- Please note that our Kiss and Drop zone has a 3 minute time limit – no cars should park in this zone

### Bus Zones:

- You must not stop within a Bus Zone at any time.
- If times of operation are shown on the sign, the restriction applies only at those times.

For additional road safety tips, please view the Drop Off and Pick Up Safety Tips brochure attached.

## Parent Communication

The following procedures are designed to promote harmonious community relationships and effective school management of student issues. They are based on the NSW Department of Education's Code of Conduct and Complaints Handling Policy, and seek to provide clarity to all within the school community.

In the first instance, Parents are urged to regularly seek information from the established channels of communication:

- The Seven Hills West Public School website and Facebook page
- The SchoolZine Newsletter
- Parent/Teacher sessions or interviews.
- The NSW Department of Education website

Should Parents have further queries or concerns about their child or the school, the Community Communication Guide recommends that:

- They communicate with the classroom teacher in the first instance. This may be by phone, letter, school email or in person.
- Any discussions with staff (beyond brief informal queries) should be via a scheduled meeting, with a clear meeting agenda provided in advance.
- Meetings are requested via the school office with options / preferences for the parent, taking account of the timetabled teaching day constraints for staff members. All efforts will be made to schedule this meeting within 48 hours.
- **Parents must direct all school-related matters to the relevant teacher or Executive, and under no circumstances are they to approach a child or contact other parents directly about such issues.** It is the school's responsibility to investigate and address student welfare issues following Departmental guidelines

Please note that P&C email distribution lists and Facebook parent communication are intended to support school events and P&C activities only. For individual enquiries, please contact the school office during school hours.

All families are asked to regularly check our Seven Hills West Facebook, school website, Schoolzine and the class communication platform (Google Classroom/ Seesaw/ Class Dojo/ Edmodo) for weekly updates and information about our school policies.

## Wishing you a Wonderful Term 1

Thank you for choosing Seven Hills Public School for your child. On behalf of our wonderful staff, I wish you and your child/ children a happy, safe and dynamic Term 1 of learning.

Warmly

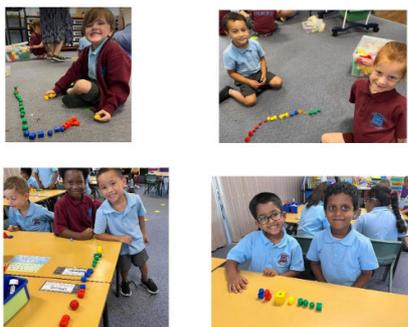
**Ms Shanti Clements**  
**Principal**

## STAGE UPDATES

### KINDERGARTEN

#### KA

Kindergarten students in KA have been busy little bees and are settling well into their daily routines. In Mathematics, they are learning how to sort and classify objects based on their attributes. Students worked in small groups to sort items into groups based on their colour, shape, height, size and rolling or sliding qualities. In phonics, KA are working on identifying graphemes and the sound that these graphemes make. As a class, we have brainstormed and shared different words that have the focus sound of the day in them. Each day, we also discuss whether that phoneme is at the beginning, middle or end of the word. All students are working hard and learning something new each day!



Ms S Luc – Classroom Teacher

#### KB

In KB, we are learning all about healthy eating! As a class, we have looked at which foods are healthy, and which are not to help us learn what to eat for crunch and sip. To help us remember, we are making different healthy foods such as watermelons, corn and apples. This also helps us improve our fine motor as we are learning to cut different shapes and work on our scissor grip!



Ms N Chuang – Class Teacher

## STAGE 1

### Stage 1- Spotlight

Students in Stage 1 have had a great start to the year. They were provided with opportunities to further develop their knowledge, skills and understanding of patterns. Students participated in learning activities that enabled them to understand that patterns have an element of repetition, meaning something repeats over and over and over again. They recognised that the repeating element in a pattern can be called the repeating core. Students used the pattern core to create patterns, extend the patterns of others, and identify the missing elements within patterns.



Students in Stage 1 have been participating in literacy group rotations where they pass through a number of high quality spelling, phonics and handwriting stations. This provides them with the opportunity to practice what has been explicitly taught using fun and engaging activities.



Ms L Gatt – Assistant Principal Stage 1

## SUPPORT

### K-2 Aqua

What a great start of the year K-2 Aqua students have had!

They are working amazingly hard to get into their new routine and expectations for year 2023 with new teachers and peers. Since the beginning of the school year, K-2 Aqua students have been working on forming friendships and building positive relationships with their teachers.



They are learning to sit as part of a group and focusing on the set expectations of their teachers- 'First work & Then play'. They love the 'Reward' system we have in class and are motivated to work hard and strive to achieve their 10 stamps on the reward chart to choose a prize from the reward box.

We look forward to having a fantastic year full of learning and fun activities!  
Mrs Monika Arora – Classroom Teacher

## SWIMMING CARNIVAL

The swimming carnival was held on Tuesday 7th February and Seven Hills West had 13 attendees.

Everyone tried their best and swam in races they hadn't before. Our students cheered each other on and encouraged other to swim.



Fun was had by all who attended, Mrs Ramos was our timekeeper, Ms Clements provided the donuts for everyone and Mrs Dalton-Keep was the official cheer squad!

Thanks, Seven Hills West for trying your best!

## SCHOOL HATS

Many students are coming to school without school hats.

Please ensure your child has a school hat and brings it to school every day.

## No Hat – No Play



Hats can be purchased from the Uniform Shop – every Friday 8.30am to 9.30am.

## P & C News & Uniform Shop

Welcome back to our amazing parents and community. With 2022 proving a success in returning to on site community events, your P&C is aiming for a bigger and better 2023!

With our popular Popcorn and Popsicles (\$1.00 each) returning on Friday 24th February, and the much-requested Colour Run being planned for the end of Term 1, we are off to a great start. But we are always on the lookout for more! **More members; more volunteers; more ideas; more feedback.**

If you have time to donate, or suggestions to offer, please contact your P&C through the office, or via our website, [shwpc.square.site](http://shwpc.square.site)

Did you know that the P&C are selling sports shorts again in the uniform shop? Maroon in colour, the poly-cotton knit shorts feature a drawstring and zip pocket. Now available in sizes 4-16 (with other sizes available by special order), and priced at only \$15, these are really good value!

Presenting the two latest additions to our uniform range!

Maroon Long Pants



\$21



Beanies

Available from the uniform shop from Friday 22nd July, or online from Monday 25th.

<https://shwpc.square.site>

**In case you missed it:** Online ordering of uniforms is now available! All orders placed through the website can be paid for with card, will be filled during our regular shop hours and send home with your child, perfect for busy parents, or those who can't make it in during our hours. When placing orders, please remember to add your child's name and class as either the contact, or as a comment to the order, to assist us in getting your orders home. As always, if you order the wrong size, items with tags still attached can be exchanged.

Get started from the link below.

<https://shwpc.square.site/>

If you wish to pay via cash or direct deposit, you can attend during our opening hours, or leave your order form (with cash if appropriate) in a payment envelope at the office.

**BSB:** 082-365

**Account No:** 271631859

**Account Name:** Seven Hills West Public School Uniform Account

**Reference:** *Your child's name and class.*

Order forms are available from:

<https://sevenhillw-p.schools.nsw.gov.au/pandc-association/uniform-shop.html>

The SHW P&C Uniform Shop is open Friday mornings between 8:30am and 9:30am.



Seven Hills West Public School  
Uniform Shop, Price List

P&C Association.  
Price list effective for 2022  
Uniform Shop Hours: Tuesday mornings 8:30am to 9:30am.  
Cash, Cheque (no epos or credit cards)  
Or by filling in the order form below with correct money in an envelope to the office.

UNIFORM - ALL Size 4-16		SPORTS UNIFORM - ALL Size 4-16	
SKY BLUE POLO SHIRT - with SCHOOL EMBLEM	\$20.00	MAROON POLO SHIRT	\$24.00
BOYS GREY SHORTS	\$19.00	MAROON SPORT SHORTS	\$15.00
GIRLS MAROON SKORTS	\$25.00	HOUSE COLOUR SHIRTS	\$ 8.00
GIRLS MAROON SKIRT/SKORT	\$21.00	KOALA - RED	
GIRLS SUMMER DRESS	\$21.00	KANGAROO - YELLOW	
		KOOKABURRA - GREEN	
WINTER UNIFORM - ALL Size 4-16		ACCESSORIES	
SKY BLUE POLO LONG SLEEVE - with SCHOOL EMBLEM	\$23.00	MAROON SCHOOL HAT - with SCHOOL EMBLEM	
BOYS GREY LONG PANTS	\$21.00	SLOUCH - small/medium/large	\$15.00
MAROON FLEECE V-NECK JUMPER - with SCHOOL EMBLEM	\$24.00	LEGIONNAIRE - one size	\$10.00
MAROON FLEECE ZIP JACKET - with SCHOOL EMBLEM	\$27.00	CAP - one size	\$10.00
MAROON TRACKPANTS DOUBLE KNEE	\$24.00	SUNGLASSES	\$15.00
		MAROON SCHOOL BAGS (until sold out)	\$35.00
		HI-VIZ SCHOOL BAG	\$30.00

Pre-loved uniforms for sale from \$1.00 donation. Donations of pre-loved uniforms ALWAYS accepted.  
DIRECT PAYMENT - BSB 082-365 ACCOUNT NO: 271631859 - SHWPS P&C Account

**ORDER FORM**

Please return to office with payment in an envelope

CHILD'S NAME:..... CLASS: .....

ORDER:..... SIZE:..... \$.....

ORDER:..... SIZE:..... \$.....

ORDER:..... SIZE:..... \$.....

ORDER:..... SIZE:..... \$.....

TOTAL ENCLOSED: \$..... RECEIPT NO:.....

**P & C Committee**

**SERVICE NSW BACK TO SCHOOL VOUCHERS**

We are pleased to advise that Seven Hills West PS is now able to accept Service NSW Back to School Vouchers as payment for certain items/events.



Should you wish to use your voucher/s, you must come to the school and submit the voucher/s electronically - you cannot use the vouchers online.

Please be aware that if a payment is under \$50/\$100/\$150 (depending on how many vouchers you are required to use) - you do not receive change and forfeit the rest of the value. This is the same as when you use them in retail stores.

Remember, these vouchers expire on 30th June 2023.

**FINANCE UPDATE**

All NSW Public Schools are moving to a new Finance platform today.

As a result, we need to urgently advise all parents that there will be a financial freeze from **4pm Wednesday 15th March until 6am Tuesday 21st March.**

Please refer to the attached information flyers.

We are excited to announce our school will be transitioning to an upgraded School Bytes finance system on 21 March 2023!

In preparation for the transition to a simplified finance system for both you and the school, we will be required to implement a short payment lockout period where we will not be able to receive any online or EFTPOS payments.

**What this means for you**

- No payments can be made online or via EFTPOS from 4pm, Wednesday 15<sup>th</sup> March 2023 to 6am on Tuesday, 21<sup>st</sup> March 2023.
- Any existing payment links that have been sent to you previously in emails can still be used after the transition and will automatically redirect to the new system
- After the transition, a School Bytes portal will be available for you to register and begin using (Link: <https://portal.schoolbytes.education>)
- All previous payments made will be migrated to the new School Bytes finance system and portal

**What is the School Bytes portal**

The School Bytes portal provides flexibility for you to conveniently:

- Make school payments online (including paying for multiple siblings at once)
- Use a family credit to pay for an activity or school contributions
- Download a receipt for payments made
- View all historical payments in one place
- Complete and submit digital permission notes
- View the status of all permission notes
- Request a refund if required

This can be done where you want at any time: day or night.

Through the portal, you will easily be able to download a receipt once a payment has been made and have access to view all historical payments when needed. Online payments are processed in real-time and can be viewed by school staff immediately.

While our preference is for payments to be made via the portal, we will still accept payment via cash, cheque, money order and EFTPOS.

Should you require to make any payments for school activities during this period – you will need to come to the office in person to pay in cash or via our Eftpos machine.

We apologise for any inconvenience.

## Positive Behaviour for Learning

## SCHOOL HOURS

Children **ARE NOT** to be at school **BEFORE** 8.30am each morning and **must be collected at 3.00pm** each afternoon. Should your child need to be at school **EARLIER** than 8.30am or need to be collected **LATER** than 3.00pm, it is necessary for you to arrange for your child to be taken to **Out of Hours School Care** that is located on our premises. This is run by Wesley Out of School Hours Care and their contact number is 9626 1260.

## Attendance

Student attendance records will be closely monitored. If your child is absent, it is important that a note/certificate explaining their absence is given to the classroom teacher when your child returns to school. Parents/Carers will be given a letter if an explanation is not provided for the student's absence and this must be completed and returned to the classroom teacher so that the student's attendance records will be updated accordingly.

## Student Absences

The Department of Education deems that all students **must** attend school every day. Families are also advised that holidays should be taken during school holiday periods.

If your child is absent from school please notify the school in writing by either sending an email to the school email or sending a note to the class teacher explaining the absence.

If your child is sick for one day, you **DO NOT** need to ring the school but can send a note to school with your child on the following day.

Absences are recorded in the class roll and this roll is admissible as evidence in a court of law.

- Partial absences are also recorded in the roll, where a child arrives late to school or leaves school early.
- If a student is late to school, a parent should escort them to the office so they can give the reason for the late arrival.
- Students, who are constantly late to school, miss the morning lesson introduction and this can lead to gaps in learning.

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...* **Every day counts!**

Please endeavour to maximize your child's attendance at school to ensure that they have the best start possible, every day!

If you are intending to take leave for more than three days, and you know in advance, it is important that this be discussed with the school as an application for leave may be required. If your child is absent for longer than three days it is important that you contact the school to let them know the reason for the absence.

**Why attendance matters**

When your child misses school they miss important opportunities to:

- Learn
- Make friends
- Build skills through fun

**Days missed = years lost**

A day here and there doesn't seem like much, but...

When your child misses just... they miss weeks per year and years over their school life

1 day per fortnight = 4 weeks = Over 1 year missed

1 day per week = 8 weeks = Over 2.5 years missed

<https://sevenhillw-p.schools.nsw.gov.au/>



For all up-to-date newsletters, policies, calendar events and class information, please regularly visit the school website (hosted by NSW Department of Education).

We also upload the school newsletter each fortnight and send it to parents via the SchoolZine service.

## School Drop Off & Kiss & Drop

The Kiss and Ride Zone is designed for your convenience and for your child's safety. Designed for quick entry and exit, the zone minimises congestion and risk when used properly by all parents and carers.

The zone operates under the same conditions as 'no parking zones', which means you may stop to drop off or pick up children for a maximum of 2 minutes. You're required to remain in, or within 3 metres of your vehicle. The zone operates as a Kiss and Drop zone 8.00am to 9.00am and 2.30pm to 4.00pm only.

### Road Safety Messages for Parent/Caregivers

Messages for parents and caregivers.  
The following messages can be used when communicating with parents and caregivers e.g. through school newsletters, school websites etc.

#### Parking Signs and Rules

- Parking restrictions are a compromise between the many competing demands that exist around schools. The restrictions include a mixture of drop off zones (No Parking Zones), bus access zones (Bus Zones) and vision safety zones (No Stopping Zones). Parents are expected to respect the restrictions for the safety of all children.
- The parking restrictions in the vicinity of Schools have been developed over many years in response to a worrying number of pedestrian crashes and are supported by state and local governments, education authorities and Police. This is partly because children represent some of our most vulnerable road users as they lack a developed road sense.
- The following signs have the same meaning everywhere. However, there are higher penalties and demerit points for non-compliance in school zones compared to other places.
  - No Parking signs are used in areas where drop off and pick up is permitted. You may only be there for 2 minutes and must remain within 3 metres of your vehicle. This is not a waiting area and you cannot leave your vehicle.
  - No Stopping signs are usually installed for safety and visibility at intersections and near crossings or blind corners. A No Stopping sign means that you must not stop in this area. Where times are shown on the sign the restriction only applies at those times.
- Time restricted parking e.g. P5min or 1P allows you to park and leave your vehicle for the time nominated on the sign. If you need to go into the school, make sure you have moved your vehicle within the time allowed on the sign.
- Bus Zones are a no stopping zone unless you are driving a commercial bus. Do not pull up in these zones, park or load/unload passengers as you seriously inconvenience the bus services.
- Driveways and footpaths must not be blocked by vehicles. This is illegal, dangerous and inconveniences the neighbours of the school. Be sure to find a safe and legal parking space.

#### General road safety messages:

- Be a positive role model when you are a pedestrian, passenger and rider. Children learn from what they see as well as what we say. Never sacrifice safety for convenience.
- Adults must always set a good example. Always wear your seatbelt, obey the road rules and encourage your children to do the same. Children learn by copying what we do.

Check out the Seven Hills West Public School Website

## Notes and Payments

Please be advised that all school notes and written communication are now placed on our website for your easy access. Families that have requested multiple copies will now need to access the website. We are encouraging the use of technology @ SHWPS!

### Important

It would be appreciated, if when completing permission notes, you could include **the child's FULL NAME (Given Name and Surname) AND CLASS**, in order for the office to correctly identify the student who is participating in the special activity.

### Sending money to school

If paying by cash or cheque, payment envelopes are available to allow office staff to quickly record details for our students.

**A reminder: A permission note must be completed for every student in the family for all activities. Please note the office does not carry change. Please provide the correct money with your payments. We encourage families to pay using our POP – Payment online system via our school website.**

### Collection of Money and Permission Notes

To ensure that students' needs are met on excursions, extra curricula activities and for visiting performances, it is necessary to have procedures in place regarding payments and permission notes. These procedures allow teachers to:

- Ensure that the correct number of teachers are allocated to an activity or excursion
- Buses are ordered for the right number of students
- Book correct numbers for all activities on excursions
- Organise supervision for students not involved in these activities
- Cancel activities if numbers are too low, within a reasonable timeframe.

It will also allow the office staff to have correct numbers, permission notes and money organised before the day of the activity or excursion.

These procedures include any area where money is paid to the school e.g. Excursions, visiting performances, sporting events, book club etc.

**For this to be implemented correctly all money must be paid to front office by the DUE DATE , there will be no exceptions.**

**Permission notes, fully completed with child's name and class, must be given to the front office once you have made your payment online, or at the same time as money is presented.**

In cases of financial hardship, the school *may* be able to assist by contributing a part payment.

Please contact the office for more information.



### Register for our FlexiSchools Canteen

We can confirm that our online FlexiSchools canteen will be running full-time (5 days a week). An arrangement has been made with Blacktown Subway to provide our online canteen meals and we have received very positive feedback from parents about the healthy menu and quality of the food. Please note that Subway are following the NSW guidelines for Healthy Canteens, which supports nutritious and healthy foods for our students.

To register for our online FlexiSchools Canteen, please follow these instructions:

#### Set up your account

1. Download the FlexiSchools App. Download the app from the **App Store** or from Google Play. Note: for iPhone and iPad please select 'Allow' notification
2. Register  
Open the FlexiSchools App and click 'Like to register?', enter your email address and click 'Register'. You will be sent a registration email. Follow the instructions in the registration email to finish setting up your account. Once your account is set up, login to the FlexiSchools App, select the Profile icon on the grey navigation bar, select Student and 'Add a student', search for their school name, select their year level and class and enter their details.
3. Top Up Your Account  
To make ordering fast and simple, you can set up automatic top ups.

#### Order

1. Place your order  
In the FlexiSchools App, swipe up and down to find the service category you are interested in, swipe left and right to find the service you are interested in and select the green 'Order' button.
2. Make your selection  
Select the items you wish to order.
3. Make payment  
Select your payment option and complete payment to place your order.

**If you get stuck on anything, call FlexiSchools on 1300 361 769.**

### Our Online FlexiSchools Canteen is open 5 days a week

We can confirm that our online FlexiSchools canteen will be running full-time (5 days a week) from this week. An arrangement has been made with Blacktown Subway to provide our online canteen meals and we have received very positive feedback from parents about the healthy menu and quality of the food. Please note that Subway are following the NSW guidelines for Healthy Canteens, which supports nutritious and healthy foods for our students.

To register for our online FlexiSchools Canteen, please follow these instructions:

#### Set up your account

1. Download the FlexiSchools App. Download the app from the **App Store** or from Google Play. Note: for iPhone and iPad please select 'Allow' notification
2. Register  
Open the FlexiSchools App and click 'Like to register?', enter your email address and click 'Register'. You will be sent a registration email. Follow the instructions in the registration email to finish setting up your account. Once your account is

set up, login to the FlexiSchools App, select the Profile icon on the grey navigation bar, select Student and 'Add a student', search for their school name, select their year level and class and enter their details.

3. Top Up Your Account  
To make ordering fast and simple, you can set up automatic top ups.

### Order

1. Place your order  
In the FlexiSchools App, swipe up and down to find the service category you are interested in, swipe left and right to find the service you are interested in and select the green 'Order' button.
2. Make your selection  
Select the items you wish to order.
3. Make payment  
Select your payment option and complete payment to place your order.

**If you get stuck on anything, call FlexiSchools on 1300 361 769.**

## Food for school

Please be mindful – if sending food with students that requires a spoon or fork – kindly ensure you send utensils with your child. We are unable to supply these to the students.



## REFILLABLE WATER BOTTLES

Please ensure your child has a refillable water bottle each day so they can stay hydrated during the school day.



Additionally, a frozen popper in the lunch box will defrost by lunchtime and be refreshing for your child to drink.

## Birthday Cakes

As restrictions are now slowly changing, we are pleased to advise the following:

**Pre-packaged individual muffins, cakes, lolly bags or ice creams are now permitted in classrooms.**



Home-made cakes or lolly bags are not permitted.

We welcome the change to be able to celebrate birthdays in the class.

## Important Reminders

### ALLERGY ALERT

In the interests of the health and safety of all our students please ensure that your child does not bring anything to school for recess or lunch which contains nut and/or egg products. This will include peanut butter or Nutella spread on sandwiches, peanut butter dippers, snack packs with nuts and nut muesli bars.

Your understanding and support in this very important health issue are greatly appreciated.

### Changes of Clothes

Children in Kindergarten to Year 2, can, on occasion, have an 'accident' by forgetting to go to the toilet at break time, or not advising the teacher that they need to go to the toilet.



This then results in children 'wetting' themselves and coming to the office for a spare change of clothes.

Our supplies are now depleted – so we ask that each parent with children in Kindergarten to Year 2 supply a change of clothing in their child’s bag in case of emergencies.

Additionally – our supplies for Years 3-6 have also depleted (shorts/skorts/shirts/underwear).

Any donations of clothing (not jumpers) for students K-6 would be greatly appreciated.

We thank you for your support in this matter.

**SHWPS Administration Office**

## Health and Safety Matters

As well as keeping our staff and students safe on school grounds we aim to maintain a safe environment for parents. If you have a slip, trip or fall or any other issue related to parent safety in the school grounds please notify the office as soon as possible so we can endeavour to identify and resolve any hazards.

It is also a request that dogs not be brought onto the school site without prior permission. Companion dogs are always welcome as required, however pets in the school can cause stress to students and animals.

## Staff Car Park

A reminder to parents/caregivers. The Staff car park IS NOT a ‘walk through’ area or parking for area for parents.

Safety is of the utmost importance to our students and it would be appreciated if you would cooperate in regard to safety in our car park.

## Student Toilets

Just a friendly reminder that student toilets are **not to be used** by parents. If parents have a younger child that requires toileting assistance, please see the office staff to access the toilets located beside the new school hall.

Student toilets are to be used by **students** of Seven Hills West PS.

## COVID-Safe School Operational Plan

## We’re all in this together



## Everyone Stay Safe

Stay updated via:

**Facebook**

**Schoolzine**

**Seven Hills West website**



## COVID-19 VACCINATION – Let’s Do This

Let’s do this – book your COVID-19 vaccination today

People across NSW are getting vaccinated in extraordinary numbers. Even during these challenging times, people are working together to protect themselves, their loved ones and our community. Each vaccination brings us closer to getting back to doing the things we love.

But our work is not yet done. We need many more people to step forward and get vaccinated now. COVID-19 vaccination with two doses reduces the chance of you spreading the virus to those around you and gives you around 90% protection against hospitalisation and death. It’s also a way you can support our healthcare and essential workers who are caring and providing for those who need it most.

How to book your vaccination

Everyone 5 and over can get a COVID-19 vaccine. Appointments are available at more than 2,000 GPs, pharmacies, Aboriginal Medical Services and NSW Health vaccination clinics across NSW. Speak to your local GP or pharmacist or visit [nsw.gov.au](http://nsw.gov.au) to make a booking. Appointments are also now available for those aged 12 - 15 who are National Disability Insurance Scheme (NDIS) participants, have health conditions, identify as Aboriginal or Torres Strait Islander or who live in a rural area.

COVID-19 vaccines are safe, effective and free.

Don’t delay

The risk of COVID-19 in the community is high. It can cause serious illness and death. You can't predict who will get very unwell.

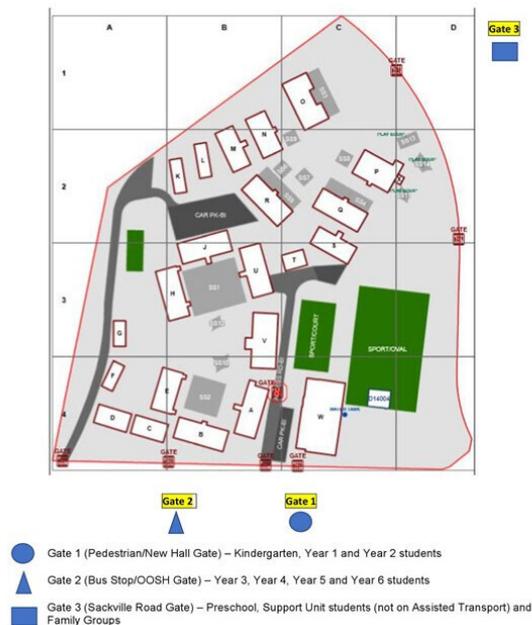
For the latest information visit [nsw.gov.au](http://nsw.gov.au) or contact the National COVID-19 Vaccine Helpline on 1800 020 080, 24 hours a day, 7 days a week. For a free telephone interpreter, ring TIS National on 131 450 (24-hour helpline) and say the language you need. Ask the interpreter to connect you to the COVID-19 Vaccine Helpline.

The sooner we are protected, the sooner we can get visitors to our regions, travel, and get family back home and our state back to business. Let's do this, together.



## GATES

Map of Drop-Off and Pick-Up Gates



### PLEASE NOTE:

During LEVEL 4 lockdown – **GATE 1** (Lucas Road – at School Hall) is the **ONLY** gate for entering and exiting the school.

## Community News

### OOSH PICK UP/DROP GATE

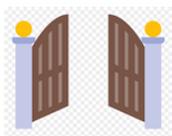
#### SEVEN HILLS WEST OOSH

Parents who are dropping off or collecting students from OOSH please remember to use Gate 2.

Please **DO NOT USE** driveway gate.

#### Automated Pedestrian Gate 1

Our new automated pedestrian gate at Gate 1 is now in operation.



Please be aware that Gate 1 will be open from 8am to 9.30am and 2.30pm to 3.30pm daily.

Should you need to enter the school at other times during the day – please press the buzzer – wait for the Admin office to respond – then wait until the gate opens before entering.

**Please DO NOT push or pull on the gate.**

You will also need to press the buzzer when exiting and wait for the Admin office to respond – again, please wait until the gate opens before exiting.

7 STRIKES MARTIAL ARTS PRESENTS

For Kids Ages 5 – 16 In Sydney Since 1994

## KENPO FREESTYLE KARATE

ACTIVE KIDS

FOR COVID SAFE

INSTRUCTORS TRAINED SPECIFICALLY FOR TEACHING CHILDREN AND TEENS

DEVELOP SELF CONFIDENCE

IMPROVE CONCENTRATION

BUILD COORDINATION

BUILD SELF ESTEEM

IMPROVE STUDIES

MAKING FRIENDS

FROM BEGINNER TO BLACK BELT

OUR HEAD COACH IS A TWO TIME INDUCTEE IN THE INTERNATIONAL SPORT KARATE / KICKBOXING ASSOCIATION HALL OF FAME

TRY THE FIRST CLASS FOR FREE!

**Only \$15.00 Per Class**  
 With a once per term \$3.00 Registration Fee  
 No Extra Grading Fees! This means all belts & awards at grading are included!  
 Discounts offered for paying per term in advance

Turn to the back of the page for New Student Class Times & Locations!

NO PRE-REGISTRATION IS NECESSARY. JUST TURN UP 10 TO 15 MINUTES BEFORE YOUR FIRST CLASS FOR REGISTRATION!  
 WE ACCEPT CHEQUES OR CASH. AND HAVE CARD PAYMENT FACILITIES (SURCHARGES FOR CARD PAYMENTS MAY APPLY).  
 FOR FURTHER INFORMATION, SEE WEBSITE AT [www.karate-kids.com.au](http://www.karate-kids.com.au).

QUESTIONS? EMAIL US AT [HEADCOACH@7STRIKESMA.COM.AU](mailto:HEADCOACH@7STRIKESMA.COM.AU)



## KENPO FREESTYLE ACADEMY'S NEW STUDENT TIMETABLE

DAY	LOCATION	NEW STUDENT AGES 5-8	NEW STUDENTS AGES 9-16
TUESDAY	JASPER ROAD PUBLIC SCHOOL	4:00 - 4:40 PM	4:45 - 4:25 PM
WEDNESDAY	KINGS LANGLEY PUBLIC SCHOOL	4:00 - 4:40 PM	4:45 - 4:25 PM
THURSDAY	WENTWORTHVILLE COMMUNITY CENTRE	4:00 - 4:40 PM	4:45 - 4:25 PM
FRIDAY	DUNDAS PUBLIC SCHOOL	3:45 - 4:25 PM	4:30 - 5:10 PM
SATURDAY	EPPING HEIGHTS PUBLIC SCHOOL	9:00 - 9:40 AM	9:45 - 10:25 AM
SATURDAY	BERESFORD ROAD PUBLIC SCHOOL	9:00 - 9:40 AM	9:45 - 10:25 AM
SUNDAY	SAMUEL GILBERT PUBLIC SCHOOL	9:00 - 9:40 AM	
MONDAY	PENRITH SOUTH PUBLIC SCHOOL	4:00 - 4:40 PM	4:45 - 4:25 PM

Returning Students please see website at [www.karate-kids.com.au](http://www.karate-kids.com.au) for class times.  
QUESTIONS? EMAIL US AT [HEADCOACH@7STRIKESMA.COM.AU](mailto:HEADCOACH@7STRIKESMA.COM.AU)



AUSTRALIAN GIRLS CHOIR



## Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

## Join us at our FEBRUARY OPEN DAY!



AUSTRALIAN SCHOOL OF PERFORMING ARTS



## Lourdes Football Club 2023 Registration

- Go to [Dribl.com](http://Dribl.com) to register your interest for the upcoming season. For 2022 players you will need to find your login details, for new players you will need to create a profile for yourself
- We are taking registration for ages 5-16, Senior and All Age
- Before registering for juniors up to Under 16s make sure you have your Active Kids Voucher ready to go. This can be obtained through Service NSW on their website.
- Club orientation day will be held on Saturday March 4th in the afternoon emails will be sent out regarding times for each age group.
- Contact the Club via Facebook if you are having any issues with rego.
- You can also email our club Secretary at [secretary@lourdessoccer.com](mailto:secretary@lourdessoccer.com)
- Our club phone number is 0411917780 for anyone needing help.
- Lets get everyone back on the park for another great season.



AUSTRALIAN GIRLS CHOIR



## An experience that goes far beyond the stage!

Girls blossom as members of the AGC, both on and off the stage. Your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.

Our senior performers have shared the stage with a long list of artists including Hugh Jackman, Amy Shark and Christine Anu. You may have seen our girls perform at the National Memorial Service for Queen Elizabeth II, the AFL Grand Final or on the recently released 'I Still Call Australia Home' campaign for Qantas.

Now accepting enrolments for our rehearsal venues in Balgowlah, Beecroft, Haberfield, Kellyville, North Parramatta, North Ryde, St Ives, Waverley and Willoughby.



QANTAS

## JOIN US AT OUR FEBRUARY OPEN DAY

Register now at [ausgirlschoir.com.au/joinagc](http://ausgirlschoir.com.au/joinagc) or phone 02 9922 6733



AUSTRALIAN SCHOOL OF PERFORMING ARTS



NOW RECRUITING IN OUR AREA

## WHERE I CAN BE MYSELF, TRY NEW THINGS AND HAVE FUN

Join us

FIND OUT MORE:  
[joinguides.com.au](http://joinguides.com.au)

GIRL GUIDES  
AUSTRALIA  
NEW ACP NT

A PLACE  
to GROW

Local Contact - 0414 925 057 or email [LalorParkKDM@girlguides-nswwactnt.org.au](mailto:LalorParkKDM@girlguides-nswwactnt.org.au)

## CAPA Auditions NOW OPEN

Apply via School Website



Music

Drama

Circus

Dance

Visual Arts

Auditions:  
20-24 March

Northmead Creative and  
Performing Arts High School

Enrolments:  
Ph 9630 4116

Northmead Creative and Performing Arts High School



Drama Visual Arts Circus Dance Music

CAPA Auditions NOW OPEN  
Apply via School Website

Enrolments:  
Ph 9630 4116  
Auditions:  
20 - 24 March



YEAR 6 INFORMATION EVENING

WHY COME?

Please indicate your attendance by scanning the QR code and completing the google form:



When: Tuesday, 7 March, 2023  
Time: 3:30-5:30pm  
Location: Fifth Ave, Blacktown NSW

FOR FURTHER INFORMATION CONTACT THE SCHOOL:  
Phone: 96221558  
Email: blacktown-h.school@det.nsw.edu.au  
Website: www.blacktown-h.schools.nsw.edu.au

- Attend one of the top High Schools in NSW.
- Explore the best choice for your son's future.
- Consider the benefits of a boys' school, which values learning, respect and safety.
- Everest Program for gifted and talented student information available.
- Meet the teachers and explore facilities the school has to offer.
- Talk to current students and listen to their experiences.
- Join a Partially Selective High School

## Schoolzine



Seven Hills West Public School  
Respectful, Safe, Responsible Learners

### INSTALLING SZapp

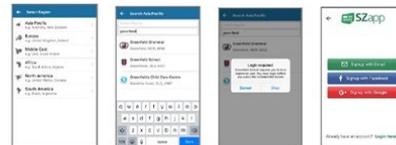
Apple devices:

1. On your device, open the App Store.
2. Search the App Store for SZapp.
3. Download and install SZapp.



Android devices:

1. On your device, open the PlayStore.
2. Search the Play Store for SZapp.
3. Download and install SZapp.

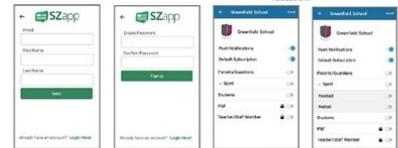


1. FIND YOUR SCHOOL

Select your school's region.  
Search for and select your school.

2. REGISTER A USER

Before you can add your school, you will need to register. Register your Email, or sign in with Google or Facebook.



3. REGISTER A USER

Enter your email and name and Then create a password.

4. MANAGING NOTIFICATIONS

Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are Sub-groups, which you can join.



Cnr Lucas Road and Sackville Street Seven Hills, NSW 2147  
Telephone: 9622 2136 Facsimile: 9631 6437 Email: sevenhills-p.school@det.nsw.edu.au



A Proud PBL School (Positive Behaviour for Learning)



LALOR PARK RUGBY LEAGUE

REGISTRATION NOW OPEN

TRAINING  
6PM TUESDAY/THURSDAY  
CAVANAGH RESERVE, LALOR PARK

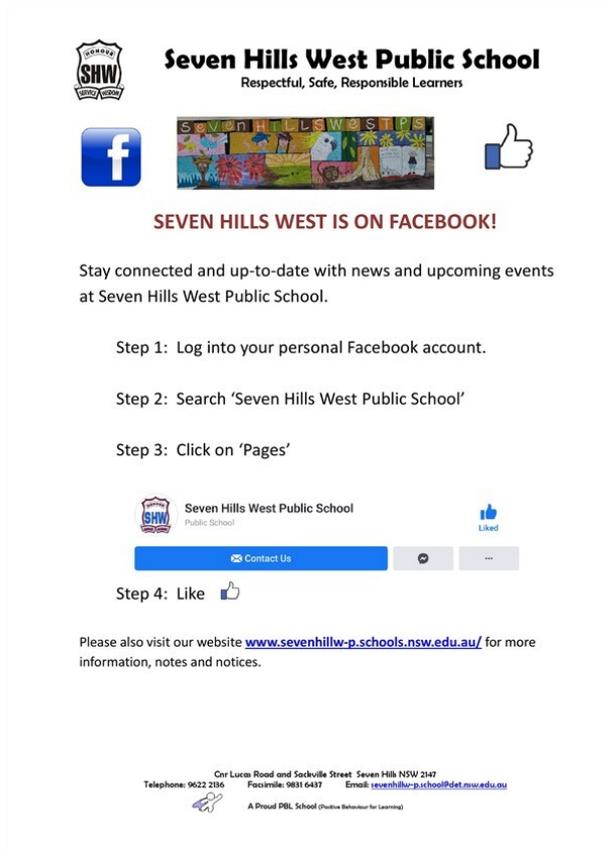
REGO  
\$50 WITH ACTIVE KIDS VOUCHER



CONTACT SONIA  
0419 474 126

Lalor Park Kookas Rugby League  
www.lalorparkfootball.net

# Facebook



**Seven Hills West Public School**  
Respectful, Safe, Responsible Learners

**SEVEN HILLS WEST IS ON FACEBOOK!**

Stay connected and up-to-date with news and upcoming events at Seven Hills West Public School.

Step 1: Log into your personal Facebook account.

Step 2: Search 'Seven Hills West Public School'

Step 3: Click on 'Pages'

Step 4: Like

Please also visit our website [www.sevenhillw-p.schools.nsw.edu.au/](http://www.sevenhillw-p.schools.nsw.edu.au/) for more information, notes and notices.

Cor Lucas Road and Sackville Street Seven Hills NSW 2147  
Telephone: 9622 2136 Facsimile: 9631 6437 Email: [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)  
A Proud DBL School (Positive Behaviour for Learning)

## Important



Please note, SHWPS Facebook page is for informing parents of up-coming events/changes in dates/event cancellations and also showcasing photos of students and their events.

**DO NOT use this forum to request appointments/interviews** with teachers or ask about upcoming events. Should you need to contact a teacher or have a question, please ring the school on 9622 2136 to assist you with your enquiries.

Thanks.