

# SHWPS SPOTLIGHT



Cnr Lucas Rd & Sackville St  
 Seven Hills NSW 2147  
 Subscribe: <https://sevenhillwps.schoolzineplus.com/subscribe>

Email: [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)  
 Phone: 02 9622 2136  
 Fax: 02 9831 6437



TERM 4 – WEEK 5

## LEADERSHIP HABIT FOR THE FORTNIGHT

### Habit 7: Sharpen the Saw

Sharpen the Saw means preserving and enhancing the greatest asset you have--you. It means having a balanced program for re-energising yourself in the four areas of your life: physical, emotional, mental, and spiritual. Feeling good doesn't just happen. Living a life in balance means taking the necessary time to renew yourself. It's all up to you. You can renew yourself through relaxation.



### PBL

To be a SUPERHERO at SHWPS		Playground and Sport
we need to follow these expectations.		
	<b>To be RESPECTFUL</b>	<ul style="list-style-type: none"> <li>Respect the rights of others to a safe play.</li> <li>Play by the agreed rules.</li> </ul>
	<b>To be SAFE</b>	<ul style="list-style-type: none"> <li>Keep your hands and feet to yourself.</li> <li>Solve your problems by talking</li> </ul>
	<b>To be RESPONSIBLE</b>	<ul style="list-style-type: none"> <li>Follow the rules of the game.</li> <li>Use good sportsmanship.</li> </ul>
	<b>To be A LEARNER</b>	<ul style="list-style-type: none"> <li>Play safely together.</li> <li>Use equipment sensibly and store it correctly.</li> </ul>

Tussauds  
 Monday Dec 5 – Reports home to parents  
 Tuesday Dec 13 – Presentation Assembly  
 Wed Dec 14 – Year 6 Graduation Dinner  
 Thurs Dec 15 – Class Christmas Parties and Talent Quest  
 Friday Dec 16 – LAST DAY FOR ALL STUDENTS



## CALENDAR

### TERM 4 – 2022

Planning Sheet for Term 4 – 2022				
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Living Eggs – Preschool	Living Eggs – Preschool	Living Eggs – Preschool	Living Eggs – Preschool	UNIFORM SHOP 8.30-9.30 Living Eggs – Preschool
		 P & C Meeting 9.15am Exec. Hub LAST for 2022 		 PSSA AFL & Cricket
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Living Eggs – Preschool	Living Eggs – Preschool	Living Eggs – Preschool	Living Eggs – Preschool	UNIFORM SHOP 8.30-9.30 Living Eggs – Preschool
				 PSSA AFL & Cricket

## Key Events

Monday Nov 14 to Nov 25 – Living Eggs Preschool  
 Thursday Dec 1 – Stage 2 excursion to Madam

8	Monday 28	Tuesday 29	Wednesday 30	DECEMBER Thursday 1 Stage 2 excursion Madam Tussauds 	Friday 2 UNIFORM SHOP 8.30-9.30  PSSA AFL & Cricket 
	Monday 5 REPORTS TO PARENTS 	Tuesday 6	Wednesday 7	Thursday 8	Friday 9 UNIFORM SHOP 8.30-9.30 
9	Monday 12	Tuesday 13 Presentation Assembly 	Wednesday 14 YEAR 6 FAREWELL DINNER 	Thursday 15	Friday 14 UNIFORM SHOP 8.30-9.30 LAST DAY TERM 4 
	Monday 19 STAFF DEVELOPMENT DAY	Tuesday 20 STAFF DEVELOPMENT DAY	Wednesday 21	Thursday 22	Friday 23
10	Monday 24 BOXING DAY	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6

## PRINCIPAL'S MESSAGE

Dear Parents/Carers

What a wonderful start we've had to Term 4. There has been happening across our school and it has been delightful to see our students, parents and teachers enjoy all the great activities and events.

### Thank you to our amazing P&C for our Halloween Hootenanny Disco

The students and staff of Seven Hills West would like to thank the wonderful efforts of Susan Cooper, Kellie White, Ashley Chapman, our volunteer parents and staff who made our Halloween Hootenanny Disco such a great success! Our kids had a fabulous time ... and both Mrs Mortlock and Mr Hogg had birthdays to remember! Thank you from the students, staff and parents at Seven Hills West Public



### Education Week Morning – Transdisciplinary Showcase

Thank you to our parents for attending our Education Week Open Morning. Our students and teachers are so proud to showcase our Transdisciplinary Curriculum projects – which has supported our students in learning 21C capabilities and mindsets. We hope you enjoyed our Transdisciplinary

Showcase and Parent Pizza Picnic. Here are a few photos from our class visits.



### Year 5 Nominations for the Student Leadership Team in 2023

Last week, leadership nomination notes went out to our Year 5 students who are interested in becoming a school leader in 2023. The leadership positions up for election are School Captain (2), Vice-Captain (2), Prefect (2) and Sports House Captains (6).

Every year, students from Year 2 to 6 vote for the student-elected leadership positions. This week, I ran a Leadership Workshop with our Year 5 students and Year 6 leaders to help prepare them for the leadership nomination process and the role of being a student school leader. The workshop focused on leadership coaching skills and The Leader in Me program. We hope that this supports every student in Year 5 with their transition into Year 6 so that they have a positive experience of school leadership next year.

### Preschool and Kindergarten 2023 – Transition Play Dates

We welcome our new 2023 Preschool and Kindergarten children and parents to join us for the Orientation Transition Play Dates being held each week between Week 5 to Week 8.

It is an opportunity for parents to meet our Preschool and Kindergarten team and to ask questions to support their child in having a wonderful transition to Seven Hills West PS and Preschool next year.

The dates for the Transition Play Dates are:

- Wednesday November 9th 9.30-10.30am
- Tuesday November 15th 9.30-10.30am
- Tuesday November 22nd 9.30-10.30am
- Wednesday November 30th 9.30-10.30am

### Parent Morning Tea and Focus Group – Wednesday November 30th

We invite interested parents to attend a focus group we are holding at our school to improve parent communication and community engagement.

Our three key topics are:

- How can we improve parent communication?
- How can we better support cultural inclusiveness and appreciation?
- How can we enhance consultative decision-making with our parents?

- The session will be held between 9.00 to 11.00am on Wednesday November 30th in the School Hall.

Morning tea and beverages will be served. We hope that our current parents and new 2023 Preschool and Kindergarten parents can attend this session.

## Remembrance Day – Thursday 11th November

This week our students and staff will commemorate Remembrance Day by participating in a NSW Department of Education's Remembrance Day Live Stream. At the 11th hour on the 11th day of the 11th month, our school will honour those who are serving, those who have served and those who have fallen with a minute's silence.

## Reminder: Selective High School for Year 7 in 2024

If your child is currently in Year 5, apply now for Year 7 entry in 2024. Hurry applications close 16 November 2022.

Selective high schools cater for high potential and intellectually gifted students. They are designed to inspire and challenge students academically while supporting their wellbeing. Selective high school students enjoy learning with other classmates who have similar intellectual abilities and interests.

You can start your application online at: <https://shsoc.education.nsw.gov.au/>

Applications close 16 November 2022.

## Semester 2 Reports

All classes are in the process of completing Term 4 PAT assessments for Reading, Writing, Maths and Science. These online assessments will support an in-depth evaluation of our students' learning throughout the year, and they will support the assessments in the Semester 2 Student Reports.

Semester 2 reports will be distributed to parents in Week 9. Parents will be able to organise meetings with teachers if they need individual feedback on the reports.

## Presentation Day – Tuesday 13th December 11.30am

Our 2022 School Presentation Day will be held on Tuesday 13th of December in the school hall with our students. The Presentation Day assembly will commence at 11.30am and finish by 1.30pm.

## Year 6 Graduation Dinner – Wednesday 14th December @ Lily's

The Year 6 Graduation Dinner will be held at Lily's on Wednesday 14th December (6.00pm to 9.00pm).

Our P&C have agreed to fund 50% of the Graduation Dinner, which our students and staff are enormously grateful for.

As with all school events, students' attendance is conditional on their behaviour at school. Students who do not meet the

school's behavioural expectations will not attend and will be issued with a full refund. Please return full payment and the permission note below to the office **by Friday 25th November 2021**.

## Our 2023 Strategic Improvement Plan

Our Executive team have begun drafting our 2023 strategic implementation plan and will begin staff consultation during our School Development Days.

We will also invite our Year 6 students and Student Representative Council to contribute to the strategic improvement plan. Once our first draft is complete, we will be inviting our P&C Executive and interested parents to take part in the consultation and review process.

## Thank You

I wish everyone a fabulous fortnight of learning. Thank you to our students, staff and parents for your ongoing support as I returned back to school in Term 4 after my medical leave.

*Warmly*  
**Ms Shanti Clements**  
**Principal**

## STAGE UPDATES

### PRESCHOOL

In Term 4 Preschool have loved celebrating festival and special holidays that are important to our families- It has been a very busy term. The Preschool children have been learning about different cultural special events that are celebrated by our families - we have loved this term as we have been learning about: Diwali - the festival of lights and Halloween as we have come dressed up in costumes for this special day. We loved coming to Preschool dressed up. We are learning that our families belong to part of bigger groups who celebrate and work together.



This term our Preschool students have also loved going on adventures up to school. This term the Emus have gone up to the school for the Halloween Hullabaloo and library. The Wombats have started going to assembly and have continued our interest in music by going up to the hall to do drumming.





Each week the Wombats have been joining with the school children from SHWPS for buddy time. The school children have been reading us books, teaching us different ball skills and helped us to make Halloween posters. We love building these connections with the whole school community.



What a fantastic term so far!

**Miss Natalie Roche, Mrs Sharon North, Miss Rebecca Hossain**

## STAGE ES1

### ASSEMBLY PRESENTATION

This term, Kindergarten hosted their first assembly!

Our theme was Dinosaurs with the students wearing dinosaur head dresses and doing their dinosaur dance!

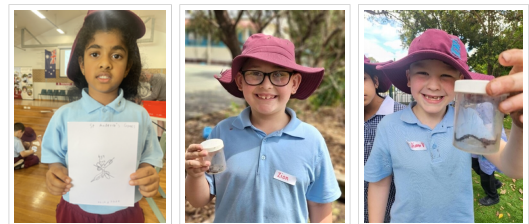
As part of our Physical Health unit, students learned to move their bodies to music and followed a choreographed dance.

Linking this to our 7 Habits, the children began with the end in mind and proactively put first things first to ensure the assembly ran smoothly.

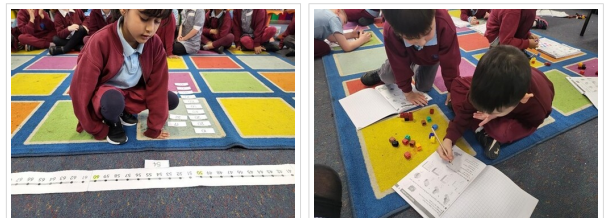


## STAGE 1

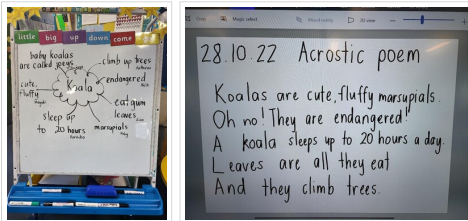
This term, Stage 1 have some very exciting learning opportunities planned. They began the term with an incursion provided by Field of Mars. Students in Stage 1 explored and wandered around our school grounds to find invertebrates that are living in gardens and leaf litter. Students had lots of fun digging for insects and drawing annotated diagrams of their discoveries.



In Mathematics, students are consolidating knowledge by participating in targeted early numeracy lessons provided by our APCI Miss Marianne Semaan. These short and sharp lessons are very engaging and provide students with the opportunity to consolidate numeracy concepts by working in small groups using concrete materials.



In English, students are learning about the structure of imaginative texts and how to write a procedural text. Students in Stage 1 are reading poems written by familiar authors and are writing their own acrostic poems. They are learning how to write a series of actions conducted in a certain order or manner. Students make connections to the focus text "How to wash a Woolly Mammoth" by writing instructions on "How to wash a dog".



In our Transdisciplinary unit students in Stage 1 are exploring objects from the past that are found in the present. They are investigating how advancements in technology have changed the way in which we communicate and travel. Students will follow the design process and create a three-dimensional communication device.

Stage 1 have participated in many extracurricular activities such as the Transdisciplinary Open Day and Picnic and the Halloween Hootenanny. Students were very proud to show special visitors their amazing work and had lots of fun dancing at our Halloween disco.



## SUPPORT

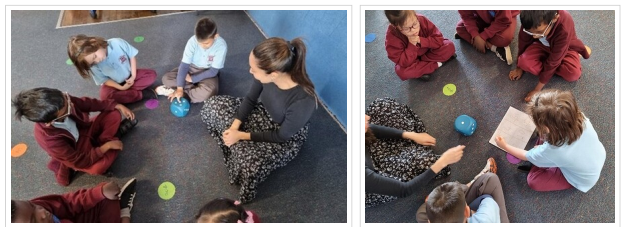
### Literacy

In Support we have been very busy working on forming our letters properly. We have been talking about where we start our letters in the sky, in the grass or in the dirt. Being extra careful to not lift our pencil before we must.



### Maths

In Maths we have been working with Mrs S learning about doubles! We learnt that we need to count the dots on the dice twice. We have also been practising doubling the numbers in our head too.



Ms G Dalton – K-6D Teacher

## SYDNEY WEST ATHLETICS

Congratulations to Keenan for his participation in the Sydney West Athletics at Homebush last term.

Seven Hills West is proud of your efforts.



## LIBRARY

### Library news



#### Sustainable use of Earth's resources and robotics in SHWPS Library

Early Stage 1 and Stage 1 are learning to use digital technologies to communicate and develop their critical thinking skills. They are learning to use Earth's resources sustainably through library reading. Early stage 1 started to develop their understanding of block coding using Spheros robots. Stage 1 students started to design their community gardens, and consider the impact of human activities, such as, deforestation and climate change.



#### Past events: Thank you to all for participating and supporting

#### SHWPS Book fair

In Term, 3 the Book Fair was held from 15th September to 21st September. A huge thank you all parents, students, and teachers for supporting this event and the SHWPS library. We sold books worth a total of \$4540. The commission from the book fair helped us to bring more wonderful books for SHWPS students to read and enjoy.



#### Transdisciplinary exhibition and students' coding experiences

During Term 4 week 3, the transdisciplinary exhibition was held at Seven Hills West PS. All students in different stages demonstrated their coding skills in front of community members. Videos will be shared with the parents via Google classroom at the end of Term 4.

Thanks  
Mrs. Gupta

## SCHOOL HATS

Many students are coming to school without school hats.

Please ensure your child has a school hat and brings it to school every day.



## No Hat – No Play



Hats can be purchased from the Uniform Shop – every Friday 8.30am to 9.30am.

## P & C News & Uniform Shop

The P&C would like to thank everyone for their support with our Halloween Hootenanny. There was a great turn out and an immense amount of fun.

The Uniform Shop will be open on Friday 16th December, the last day of term.

The Uniform Shop **will reopen Tuesday 31st January, 2023.**

It will also open Friday 3rd, Tuesday 7th and Friday 10th of February.

The opening hours will then return to every Friday morning. Online ordering is also available at [shwpc.square.site](http://shwpc.square.site), and orders placed over the holidays will be distributed on the first day of Term.

Did you know that the P&C are selling sports shorts again in the uniform shop? Maroon in colour, the poly-cotton knit shorts feature a drawstring and zip pocket. Now available in sizes 4-16 (with other sizes available by special order), and priced at only \$15, these are really good value!

### Presenting the two latest additions to our uniform range!



Maroon Long Pants

\$21



Beanies

\$15

Available from the uniform shop from Friday 22nd July, or online from Monday 25th.

<https://shwpc.square.site>

**In case you missed it:** Online ordering of uniforms is now available! All orders placed through the website can be paid for with card, will be filled during our regular shop hours and send home with your child, perfect for busy parents, or those who can't make it in during our hours. When placing orders, please remember to add your child's name and class as either the contact, or as a comment to the order, to assist us in getting your orders home. As always, if you order the wrong size, items with tags still attached can be exchanged.

Get started from the link below.

<https://shwpc.square.site/>

If you wish to pay via cash or direct deposit, you can attend during our opening hours, or leave your order form (with cash if appropriate) in a payment envelope at the office.

**BSB:** 082-365

**Account No:** 271631859

**Account Name:** Seven Hills West Public School Uniform Account

**Reference:** Your child's name and class.

Order forms are available from:

<https://sevenhillw-p.schools.nsw.gov.au/pandc-association/uniform-shop.html>

## The SHW P&C Uniform Shop is open Friday mornings between 8:30am and 9:30am.



### Seven Hills West Public School Uniform Shop, Price List P&C Association.

Price list effective for 2022  
Uniform Shop Hours: Tuesday mornings 8:30am to 9:30am.  
Cash, Cheque (no eftpos or credit cards)

Or by filling in the order form below with correct money in an envelope to the office.

UNIFORM – ALL Size 4-16	SPORTS UNIFORM – ALL Size 4-16
SKY BLUE POLO SHIRT – with SCHOOL EMBLEM \$20.00	MAROON POLO SHIRT \$24.00
BOYS GREY SHORTS \$19.00	MAROON SPORT SHORTS \$15.00
GIRLS MAROON SKORTS \$25.00	HOUSE COLOUR SHIRTS \$ 8.00
GIRLS MAROON SKIRT/SKORT \$21.00	KOALA – RED
GIRLS SUMMER DRESS \$21.00	KANGAROO – YELLOW
	KOOKABURRA – GREEN
<b>WINTER UNIFORM – ALL Size 4-16</b>	<b>ACCESSORIES</b>
SKY BLUE POLO LONG SLEEVE – with SCHOOL EMBLEM \$23.00	MAROON SCHOOL HAT - with SCHOOL EMBLEM
BOYS GREY LONG PANTS \$21.00	SLOUCH – small/medium/large \$15.00
MAROON FLEECE V-NECK JUMPER - with SCHOOL EMBLEM \$24.00	LEGIONNAIRE – one size \$10.00
MAROON FLEECE ZIP JACKET – with SCHOOL EMBLEM \$27.00	CAP – one size \$10.00
MAROON TRACKPANTS DOUBLE KNEE \$24.00	SUNGLASSES \$15.00
	MAROON SCHOOL BAGS (until sold out) \$35.00
	HI-VIZ SCHOOL BAG \$30.00

Pre-loved uniforms for sale from \$1.00 donation. Donations of pre-loved uniforms ALWAYS accepted.  
DIRECT PAYMENT – BSB 082-365 ACCOUNT NO: 271631859 – SHWPS P&C Account

### ORDER FORM

Please return to office with payment in an envelope

CHILD'S NAME: ..... CLASS: .....

ORDER: ..... SIZE: ..... \$ .....  
ORDER: ..... SIZE: ..... \$ .....  
ORDER: ..... SIZE: ..... \$ .....  
ORDER: ..... SIZE: ..... \$ .....  
ORDER: ..... SIZE: ..... \$ .....

TOTAL ENCLOSED: \$ ..... RECEIPT NO: .....

## P & C Committee

## KINDERGARTEN ENROLMENT 2023



**ENROL NOW FOR KINDERGARTEN 2023**




If your child is turning 5 before 31st July 2022 you can enrol them now in your local school.

Please contact Seven Hills West Public School between 8:30am and 3:15pm to complete an enrolment form.



For more information please contact our school office on 9622 2136 or email [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)

## Positive Behaviour for Learning




**SEVEN HILLS WEST IS A PBL SCHOOL!**

PBL encourages positive behaviour from students...


TO be a **SUPERHERO** at SHW, we need to follow these expectations:

- Be Respectful
- Be Safe
- Be Responsible
- Be a Learner


When students meet these expectations they can be given a **SUPERHERO TOKEN**



When students earn 5 **SUPERHERO TOKENS** from one expectation they will receive a **PBL CERTIFICATE** from that expectation



When a student earns 5 **PBL CERTIFICATES** they will receive a **PBL SUPERHERO BADGE**



## PRESCHOOL WAIT LIST 2023



**PRESCHOOL WAITLIST FOR 2023 OPEN!**



Are you looking for a high quality Preschool education for your 4 year old?

Please contact Seven Hills West Public School to register your interest and to complete a waitlist form.



**Growing Great Human Beings Every Day at Seven Hills West Public Preschool**

For more information please contact our school office on 9622 2136 or email [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)



## SCHOOL HOURS

Children **ARE NOT** to be at school **BEFORE** 8.30am each morning and **must be collected at 3.00pm** each afternoon. Should your child need to be at school **EARLIER** than 8.30am or need to be collected **LATER** than 3.00pm, it is necessary for you to arrange for your child to be taken to **Out of Hours School Care** that is located on our premises. This is run by Wesley Out of School Hours Care and their contact number is 9626 1260.

## Attendance

Student attendance records will be closely monitored. If your child is absent, it is important that a note/certificate explaining their absence is given to the classroom teacher when your child returns to school. Parents/Carers will be given a letter if an explanation is not provided for the student's absence and this must be completed and returned to the classroom teacher so that the student's attendance records will be updated accordingly.

## Student Absences

The Department of Education deems that all students must attend school every day. Families are also advised that holidays should be taken during school holiday periods.

If your child is absent from school please notify the school in writing by either sending an email to the school email or sending a note to the class teacher explaining the absence.



If your child is sick for one day, you **DO NOT** need to ring the school but can send a note to school with your child on the following day.

Absences are recorded in the class roll and this roll is admissible as evidence in a court of law.

- Partial absences are also recorded in the roll, where a child arrives late to school or leaves school early.
- If a student is late to school, a parent should escort them to the office so they can give the reason for the late arrival.
- Students, who are constantly late to school, miss the morning lesson introduction and this can lead to gaps in learning.

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed... **Every day counts!**

Please endeavour to maximize your child's attendance at school to ensure that they have the best start possible, every day!

If you are intending to take leave for more than three days, and you know in advance, it is important that this be discussed with the school as an application for leave may be required. If your child is absent for longer than three days it is important that you contact the school to let them know the reason for the absence.

NSW Department of Education

## Why attendance matters

When your child misses school they miss important opportunities to:

- Learn
- Make friends
- Build skills through fun

**Days missed = years lost**

A day here and there doesn't seem like much, but...

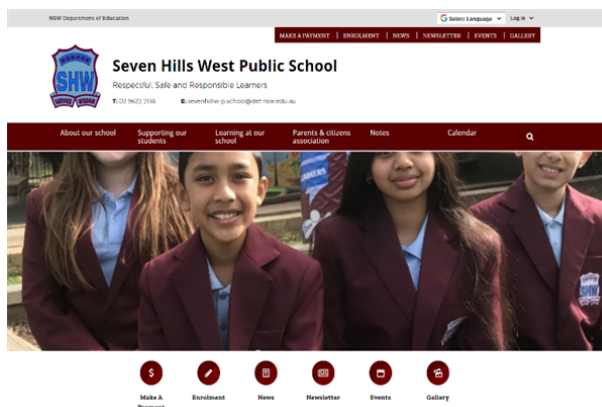
When your child misses just... they miss weeks per year and years over their school life

1 day per fortnight = 4 weeks = Over 1 year missed

1 day per week = 8 weeks = Over 2.5 years missed

Check out the Seven Hills West Public School Website

<https://sevenhillw-p.schools.nsw.gov.au/>



For all up-to-date newsletters, policies, calendar events and class information, please regularly visit the school website (hosted by NSW Department of Education).

We also upload the school newsletter each fortnight and send it to parents via the SchoolZine service.

## Notes and Payments

Please be advised that all school notes and written communication are now placed on our website for your easy access. Families that have requested multiple copies will now need to access the website. We are encouraging the use of technology @ SHWPS!

## Important

It would be appreciated, if when completing permission notes, you could include **the child's FULL NAME (Given Name and Surname) AND CLASS**, in order for the office to correctly identify the student who is participating in the special activity.

## Sending money to school

If paying by cash or cheque, payment envelopes are available to allow office staff to quickly record details for our students.

**A reminder: A permission note must be completed for every student in the family for all activities. Please note the office does not carry change. Please provide the correct money with your payments. We encourage families to pay using our POP – Payment online system via our school website.**

## Collection of Money and Permission Notes

To ensure that students' needs are met on excursions, extra curricula activities and for visiting performances, it is necessary to have procedures in place regarding payments and permission notes. These procedures allow teachers to:

- Ensure that the correct number of teachers are allocated to an activity or excursion
- Buses are ordered for the right number of students
- Book correct numbers for all activities on excursions
- Organise supervision for students not involved in these activities



- Cancel activities if numbers are too low, within a reasonable timeframe.

It will also allow the office staff to have correct numbers, permission notes and money organised before the day of the activity or excursion.

These procedures include any area where money is paid to the school e.g. Excursions, visiting performances, sporting events, book club etc.

**For this to be implemented correctly all money must be paid to front office by the DUE DATE, there will be no exceptions.**

**Permission notes, fully completed with child's name and class, must be given to the front office once you have made your payment online, or at the same time as money is presented.**

In cases of financial hardship, the school *may* be able to assist by contributing a part payment.

Please contact the office for more information.



### Register for our FlexiSchools Canteen

We can confirm that our online FlexiSchools canteen will be running full-time (5 days a week). An arrangement has been made with Blacktown Subway to provide our online canteen meals and we have received very positive feedback from parents about the healthy menu and quality of the food. Please note that Subway are following the NSW guidelines for Healthy Canteens, which supports nutritious and healthy foods for our students.

To register for our online FlexiSchools Canteen, please follow these instructions:

#### Set up your account

1. Download the FlexiSchools App. Download the app from the **App Store** or from Google Play. Note: for iPhone and iPad please select 'Allow' notification
2. Register  
Open the FlexiSchools App and click 'Like to register?', enter your email address and click 'Register'. You will be sent a registration email. Follow the instructions in the registration email to finish setting up your account. Once your account is set up, login to the FlexiSchools App, select the Profile icon on the grey navigation bar, select Student and 'Add a student', search for their school name, select their year level and class and enter their details.

3. Top Up Your Account  
To make ordering fast and simple, you can set up automatic top ups.

#### Order

1. Place your order  
In the FlexiSchools App, swipe up and down to find the service category you are interested in, swipe left and right to find the service you are interested in and select the green 'Order' button.
2. Make your selection  
Select the items you wish to order.
3. Make payment  
Select your payment option and complete payment to place your order.

**If you get stuck on anything, call FlexiSchools on 1300 361 769.**

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## Food for school

Please be mindful – if sending food with students that requires a spoon or fork – kindly ensure you send utensils with your child. We are unable to supply these to the students.

## Our Online FlexiSchools Canteen is open 5 days a week

We can confirm that our online FlexiSchools canteen will be running full-time (5 days a week) from this week. An



peanut butter dippers, snack packs with nuts and nut muesli bars.

Your understanding and support in this very important health issue are greatly appreciated.

## Changes of Clothes

Children in Kindergarten to Year 2, can, on occasion, have an 'accident' by forgetting to go to the toilet at break time, or not advising the teacher that they need to go to the toilet.

## REFILLABLE WATER BOTTLES

Please ensure your child has a refillable water bottle each day so they can stay hydrated during the school day.



Additionally, a frozen popper in the lunch box will defrost by lunchtime and be refreshing for your child to drink.

## Birthday Cakes

As restrictions are now slowly changing, we are pleased to advise the following:

Pre-packaged individual muffins, cakes, lolly bags or ice creams are now permitted in classrooms.



Home-made cakes or lolly bags **are not permitted**.

We welcome the change to be able to celebrate birthdays in the class.

## Important Reminders

### ALLERGY ALERT

In the interests of the health and safety of all our students please ensure that your child does not bring anything to school for recess or lunch which contains nut and/or egg products. This will include peanut butter or Nutella spread on sandwiches,



This then results in children 'wetting' themselves and coming to the office for a spare change of clothes.

**Our supplies are now depleted – so we ask that each parent with children in Kindergarten to Year 2 supply a change of clothing in their child's bag in case of emergencies.**

**Additionally – our supplies for Years 3-6 have also depleted (shorts/skorts/shirts/underwear).**

**Any donations of clothing (not jumpers) for students K-6 would be greatly appreciated.**

We thank you for your support in this matter.

**SHWPS Administration Office**

## Health and Safety Matters

As well as keeping our staff and students safe on school grounds we aim to maintain a safe environment for parents. If you have a slip, trip or fall or any other issue related to parent safety in the school grounds please notify the office as soon as possible so we can endeavour to identify and resolve any hazards.

It is also a request that dogs not be brought onto the school site without prior permission. Companion dogs are always welcome as required, however pets in the school can cause stress to students and animals.

### Staff Car Park

A reminder to parents/caregivers. **The Staff car park IS NOT a 'walk through' area** or parking for area for parents.

Safety is of the utmost importance to our students and it would be appreciated if you would cooperate in regard to safety in our car park.



## Student Toilets

Just a friendly reminder that student toilets are **not to be used** by parents. If parents have a younger child that requires toileting assistance, please see the office staff to access the toilets located beside the new school hall.

Student toilets are to be used by **students** of Seven Hills West PS.

## COVID-Safe School Operational Plan

NSW Department of Education  
**COVID-safe operations for schools**

Students return to face-to-face learning in staged cohorts. COVID-safe operations are maintained through high rates of staff and student vaccination, safe rostering and physical distancing.

- Department Preschools, Kindergarten & Year 1**  
18 October
- All other years**  
25 October

From 18 October, students sitting their HSC exams will be able to access their schools full-time for revision and study sessions.

Students should be at school from the date indicated for their year group unless they are unwell.

**Drop-offs and pick-ups**  
Drop-offs and pick-ups will be by staggered groups and all entrances and exits will be used to start and finish school days. Please follow the physical distancing rules, avoid gathering outside gates, remain off school grounds and wear a mask. (some exceptions made for vulnerable students.) Try to stay in the car. This does not apply to OOSH. Sign-in procedures are required.

**Vaccination**  
All adults on school sites must be fully vaccinated against COVID-19, including employees, contractors, volunteers and essential visitors. Students aged 12 or above are now eligible for a COVID-19 vaccination. Parents and carers can book in a Pfizer or Moderna vaccine now.

**Masks**  
Masks will be required for all staff and all students. In Year 7 and above while they are indoors and outdoors on school sites unless eating or exercising. Masks are strongly recommended for primary students both indoors and outdoors unless eating or exercising. Students should bring their own masks where possible, but schools will have back up supplies just in case. Masks are also required for all travel on public transport for children 13 years and older.

**Visitors**  
Only essential visitors are allowed on school sites. All visitors are required to wear a mask and sign in using the Service NSW QR code when entering the school.

**Hand hygiene & cleaning**  
Students will be reminded to wash their hands often. Sanitizers, soaps, paper towels and other essential items will be readily available for students. Enhanced cleaning will continue on our school site.

**Ventilation**  
Open or well-ventilated spaces reduce the risk of transmission of COVID-19 because infectious particles are more quickly diffused in the open air than in spaces with less ventilation. Outdoor settings will be used where practicable.

NSW

## We're all in this together



### Everyone Stay Safe

Stay updated via:

Facebook

Schoolzine

Seven Hills West website



## COVID-19 VACCINATION – Let's Do This

Let's do this – book your COVID-19 vaccination today

People across NSW are getting vaccinated in extraordinary numbers. Even during these challenging times, people are working together to protect themselves, their loved ones and our community. Each vaccination brings us closer to getting back to doing the things we love.

But our work is not yet done. We need many more people to step forward and get vaccinated now. COVID-19 vaccination with two doses reduces the chance of you spreading the virus to those around you and gives you around 90% protection against hospitalisation and death. It's also a way you can support our healthcare and essential workers who are caring and providing for those who need it most.

How to book your vaccination

Everyone 5 and over can get a COVID-19 vaccine. Appointments are available at more than 2,000 GPs, pharmacies, Aboriginal Medical Services and NSW Health vaccination clinics across NSW. Speak to your local GP or pharmacist or visit [nsw.gov.au](http://nsw.gov.au) to make a booking. Appointments are also now available for those aged 12 - 15 who are National Disability Insurance Scheme (NDIS) participants, have health conditions, identify as Aboriginal or Torres Strait Islander or who live in a rural area.

COVID-19 vaccines are safe, effective and free.

Don't delay

The risk of COVID-19 in the community is high. It can cause serious illness and death. You can't predict who will get very unwell.

For the latest information visit [nsw.gov.au](http://nsw.gov.au) or contact the National COVID-19 Vaccine Helpline on 1800 020 080, 24 hours a day, 7 days a week. For a free telephone interpreter, ring TIS National on 131 450 (24-hour helpline) and say the language you need. Ask the interpreter to connect you to the COVID-19 Vaccine Helpline.

The sooner we are protected, the sooner we can get visitors to our regions, travel, and get family back home and our state back to business. Let's do this, together.



## OOSH PICK UP/DROP GATE

### SEVEN HILLS WEST OOSH

Parents who are dropping off or collecting students from OOSH please remember to use Gate 2.

Please **DO NOT USE** driveway gate.

# Automated Pedestrian Gate 1

Our new automated pedestrian gate at Gate 1 is now in operation.



Please be aware that Gate 1 will be open from 8am to 9.30am and 2.30pm to 3.30pm daily.

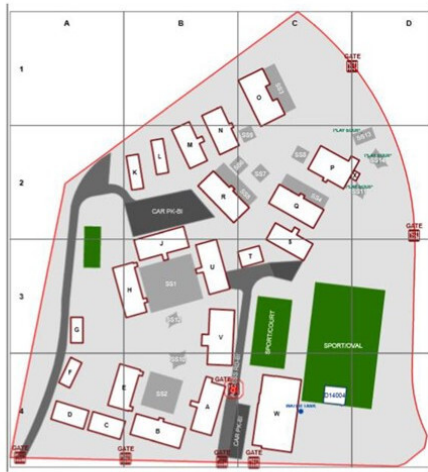
Should you need to enter the school at other times during the day – please press the buzzer – wait for the Admin office to respond – then wait until the gate opens before entering.

**Please DO NOT push or pull on the gate.**

You will also need to press the buzzer when exiting and wait for the Admin office to respond – again, please wait until the gate opens before exiting.

# GATES

Map of Drop-Off and Pick-Up Gates



- Gate 1 (Pedestrian/New Hall Gate) – Kindergarten, Year 1 and Year 2 students
- ▲ Gate 2 (Bus Stop/OOSH Gate) – Year 3, Year 4, Year 5 and Year 6 students
- Gate 3 (Sackville Road Gate) – Preschool, Support Unit students (not on Assisted Transport) and Family Groups

## PLEASE NOTE:

During LEVEL 4 lockdown – **GATE 1** (Lucas Road – at School Hall) is the **ONLY** gate for entering and exiting the school.

# Community News

## AUSTRALIA'S YOUTH PRESENTS

**A SELF DEFENCE KARATE AND SAFETY AWARENESS PROGRAM**

*For boys and girls  
Ages 5 – 16  
In Sydney Since 1994*

Website – [karate-kids.com.au](http://karate-kids.com.au) **DEVELOP SELF CONFIDENCE**

INSTRUCTORS TRAINED SPECIFICALLY FOR TEACHING CHILDREN AND TEENS **IMPROVE CONCENTRATION**

SELF DEFENCE ONLY IS TAUGHT **BUILD COORDINATION**

CLASSES DIVIDED BY AGE AND EXPERIENCE **BUILD SELF ESTEEM**

FROM BEGINNER TO BLACK BELT **IMPROVE STUDIES**

**AUSTRALIA'S YOUTH SELF-DEFENCE KARATE**

**MAKE FRIENDS**

**TRY THE FIRST CLASS FOR FREE!**

Only \$14.00 Per Week  
With a \$2.00 Rego per term  
No Extra Grading Fees!

**INSTRUCTOR IS A KARATE CHAMPION AND ISKA INSTRUCTOR OF THE YEAR**

Location: Kings Langley Public School,  
Isaac Smith Pde., Kings Langley

Classes are every Wednesday for 10 Weeks (Every School Term)  
New and Returning Students can join on any Wednesday during term.

**New and Returning Students**  
Ages 5-8  
Class Time 4:00 to 4:40PM

**New Students**  
Ages 9-16  
and Returning Students  
Class Time 4:45 to 5:25PM

Returning Students please see website at [www.karate-kids.com.au](http://www.karate-kids.com.au) for class times.

REGISTRATION WILL BE ACCEPTED FOR ALL STUDENTS WHO TURN UP. WE DO NOT TURN KIDS AWAY. NO PRE-REGISTRATION IS NECESSARY. JUST TURN UP 10 TO 15 MINUTES BEFORE CLASS TIME ABOVE IF POSSIBLE. WE ACCEPT CHEQUES OR CASH. FOR FURTHER INFORMATION, SEE WEBSITE AT [www.karate-kids.com.au](http://www.karate-kids.com.au).

Transport for NSW Careers

## We're hiring School Crossing Supervisors

**Help protect our vibrant school communities.**

Be a road safety hero for school kids, caregivers, and school staff.

Be a second set of eyes for local motorists at busy times.

Earn an income and still have time to live your life to the fullest.

**Casual roles available**  
Blacktown Local Government Area- 79767

**Does this sound like you?**

- Willing to work outdoors in all weather conditions.
- Able to communicate with different groups and give clear instructions.
- Community-minded.
- Friendly and positive manner.

**Days and hours**

- Shifts will fall between 8:00 am - 9:30 am and 2:30 pm - 4:00 pm, Monday to Friday during school terms with a minimum of one hour shift as required

**Apply today**

Applications close Sunday 13<sup>th</sup> November 2022

Visit [jobs.transport.nsw.gov.au](http://jobs.transport.nsw.gov.au) and search for **Reference Number: 79767** or search 'School Crossing Supervisors' for a full list or vacancies or scan the QR code to apply.

For further information, contact Manisha Bains  
E: [manisha.bains@transport.nsw.gov.au](mailto:manisha.bains@transport.nsw.gov.au)  
P: 0435 649 967

NSW [jobs.transport.nsw.gov.au](http://jobs.transport.nsw.gov.au)



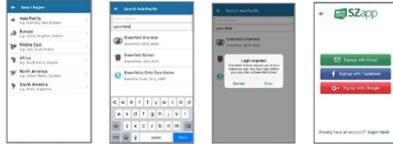


**Seven Hills West Public School**  
Respectful, Safe, Responsible Learners

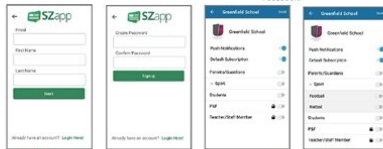
## INSTALLING SZapp



- Apple devices:**
1. On your device, open the App Store.
  2. Search the App Store for SZapp.
  3. Download and install SZapp.
- Android devices:**
1. On your device, open the Play Store.
  2. Search the Play Store for SZapp.
  3. Download and install SZapp.



- 1. FIND YOUR SCHOOL**  
Select your school's region.  
Search for and select your school.
- 2. REGISTER A USER**  
Before you can add your school, you will need to register. Register your Email, or sign in with Google or Facebook.



- 3. REGISTER A USER**  
Enter your email and name and Then create a password.
- 4. MANAGING NOTIFICATIONS**  
Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are Sub-groups, which you can join.



Cnr Lucas Road and Sackville Street Seven Hills NSW 2147  
Telephone: 9622 2136 Facsimile: 9831 6437 Email: [sevenhills-p.school@det.nsw.edu.au](mailto:sevenhills-p.school@det.nsw.edu.au)  
A Proud PBL School (Positive Behaviour for Learning)



Please note, SHWPS Facebook page is for informing parents of up-coming events/changes in dates/event cancellations and also showcasing photos of students and their events.

**DO NOT use this forum to request appointments/interviews** with teachers or ask about upcoming events. Should you need to contact a teacher or have a question, please ring the school on 9622 2136 to assist you with your enquiries.

Thanks.

# Facebook



**Seven Hills West Public School**  
Respectful, Safe, Responsible Learners



## SEVEN HILLS WEST IS ON FACEBOOK!

Stay connected and up-to-date with news and upcoming events at Seven Hills West Public School.

Step 1: Log into your personal Facebook account.

Step 2: Search 'Seven Hills West Public School'

Step 3: Click on 'Pages'



Step 4: Like

Please also visit our website [www.sevenhillw-p.schools.nsw.edu.au/](http://www.sevenhillw-p.schools.nsw.edu.au/) for more information, notes and notices.

Cnr Lucas Road and Sackville Street Seven Hills NSW 2147  
Telephone: 9622 2136 Facsimile: 9831 6437 Email: [sevenhills-p.school@det.nsw.edu.au](mailto:sevenhills-p.school@det.nsw.edu.au)  
A Proud PBL School (Positive Behaviour for Learning)