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18 March 2020

## Principal's Message

Seven Hills West students, teachers and parents farewelled Ms Becker last week with a heartfelt assembly filled with lovely messages from each class. Ms Becker read a story to the students and at the end of all the laughter, tears, presentations and a slide show, Ms Becker was read a story by Eva, one of our Year 6 students. It was a touching way to say goodbye and Ms Becker loved it all. Thank you to everyone involved behind the scenes and on stage.

The playground had some colourful additions last week with handball courts painted in different colours onto the asphalt areas. They were the gift that 2019 Year 6 students donated to the school and are already very popular additions to play time.

Seven Hills West welcomes Veera, our new School Crossing Supervisor! If you get a chance please stop by the crossing to say hello and make him feel welcomed. I would like to thank our staff who have been instrumental in putting the flags out daily and overseeing the students using the crossing safely of an afternoon.

I am very pleased to announce that the paperwork for the oval resurfacing and new seating has been approved and submitted. This was a very exciting moment brought about by many people working hard behind the scenes. I would like to acknowledge the tireless focus of Ms Becker and Mrs Bruce in this achievement. I would also like to thank Seven Hills West P&C for their very generous donation of \$20 000.00 that will go towards the works involved. This is money raised through fundraisers, raffles and stalls going to benefit our students directly. We look forward to the works commencing some time this year.



## Harmony Day and National Day of Action Against Bullying: Friday 20th March

Throughout this week, our students from Preschool to Year 6 will be involved in activities and discussions promoting the message that bullying will not be tolerated.

Our Positive Behaviour for Learning expectations of each person being Respectful, Safe and Responsible Learners at Seven Hills West supports this anti-bullying message every day.

For further information please see:

<http://www.bullyingnoway.gov.au/>

Students and teachers will be marking Harmony Day by wearing orange and participating in classroom activities highlighting inclusion, tolerance and friendship. This is a timely reminder during the recent social distancing recommendations that whilst we need to be vigilant with keeping ourselves and those around us healthy, we also need to have compassion, tolerance and understanding.

## COVID-19 Note

A note explaining the school's operational changes and social distancing measures was distributed to all students yesterday. Please take the time to read through it as there was a substantial amount of information included. Several school events such as assemblies, PSSA and excursions have been cancelled for the remainder of Term 1 and I will reassess this closer to the end of the term for the status of future events. We will be reviewing all aspects as new information comes to hand and will keep you updated.

Thank you for your continued trust and understanding.

**Mrs A Dziubinski**  
**Relieving Principal**

## Coronavirus (COVID-19) Update

Current advice from the NSW Government for parents and affected staff is:

- Any student or staff member who has been in, departed from, or transited through the following countries is excluded from child care services, school or work for 14 days from the date they left the country:
  - o mainland China - since 1 February
  - o Iran - since 1 March
  - o the Republic of Korea (South Korea) - since 5 March
  - o Italy - since 11 March
- Any confirmed case of COVID-19 will be excluded until they are medically cleared to return.
- Close contacts of a confirmed case of COVID-19 will be excluded for 14 days since last contact with the confirmed case.
- Students and staff who have returned to Australia and have shown no symptoms during the 14-day home-isolation period are able to return to school or work.

NSW Health has processes in place to identify any close contacts of cases confirmed in Australia. A close contact is a person who has spent significant time either face to face (15 minutes) or in an enclosed space (2 hours or more) as someone who has tested positive for COVID-19. It is advising these close contacts about not attending work, school or early childhood and childcare services.

The Department of Education continues to work closely with NSW Health to monitor and respond to developments and to ensure the safety and wellbeing of students and staff.

Maintaining good hygiene standards is an important way to reduce the risk of acquiring and spreading respiratory infections. We ask parents and carers to promote good hygiene including handwashing with soap. Together with good cough etiquette handwashing is the single most effective way to reduce the spread of viruses.

## Northcott Swimming Carnival

Last Thursday students from our support classes travelled to the Ryde Aquatic Centre to participate in the Northcott Interscholar Swimming Carnival.

It was a great day with lots of time in the water. A big thank you to the parents and staff who transported on the day and to Mrs Moon for her smooth organisation of the day.



## Student Representative Council

Congratulations to our recipients of Student Representative Council (SRC) for Semester 1:

### STUDENT REPRESENTATIVE COUNCIL

#### SEMESTER 1 2020

KC - Peyton and William

KZG - Althea and Jasvin

1G - Shanaya and Aum

1H - Ryan and Hargun

1/2M - Azaleigha and Viliame

2S - Avnoor and Julian

2/3P - Nathan and Daysha

3P - Ian and Ipsa

3/4JP - Mahir and Subhali

4/5R - Shuva and Sanchana

5/6H - Monisha and Sofina

6B - Jessica and Aiden

K-2G - Braxton

K-2S - Indi

3-6C - Esoufa

3-6J - Tye

3-6M - Ethan

# Super Kids Breakfast Club



## Seven Hills West Public School

Respectful, Safe, Responsible Learners

### Super Kids Breakfast Club

Mondays AND Fridays

We are pleased to confirm that the Super Kids Breakfast Club will operate two mornings a week in 2020. The aim of the club is to ensure that our students are afforded an opportunity to consume a healthy breakfast to enable a positive start to their school day.

- The Super Kids Breakfast Club will begin on **Monday 24<sup>th</sup> February**.
- Breakfast will be available every **Monday AND Friday** from **8:30 - 9:45am**.
- Breakfast will be served outside the **School Canteen**.



Previously we have provided breakfast to around **50 students** per session. This would not have been possible without the generous donations provided to the program from our parents and community. If you would like to contribute to the Super Kids Breakfast Club, there will be a donations box in the school office.

Acceptable donations could include:

- ☉ Fruit – Apples, Oranges, Bananas and Pears
- ☉ Bread – White or Brown Bread
- ☉ Utensils – Disposable Plastic Spoons and Knives, plates and bowls
- ☉ Equipment – Napkins and Plastic Gloves
- ☉ Long Life Milk
- ☉ Cereal
- ☉ Spreads – vegemite, honey, jam



Parents and Volunteers are more than welcome to help serve students at SHWPS breakfast. To apply for a free Working with Children's Check please register using the link below.

<https://www.service.nsw.gov.au/transaction/apply-working-with-children-check>

If you have any questions about the program, please see Mrs Moon, Mrs Spiteri and Mrs Ramos.

*Mrs Dzulubinski*  
Mrs Dzulubinski  
Relieving Principal  
21.02.20

Mrs Moon, Mrs Spiteri and Mrs Ramos  
Super Kids Breakfast Club Coordinators

One Lucas Road and Subville Street Seven Hills NSW 2147  
Telephone: 9622 2956 Facsimile: 9681 6417 Email: [scrc@shwps.shs.nsw.edu.au](mailto:scrc@shwps.shs.nsw.edu.au)

# Important Reminders

## ALLERGY ALERT

In the interests of the health and safety of all our students please ensure that your child does not bring anything to school for recess or lunch which contains nut and/or egg products. This will include peanut butter or Nutella spread on sandwiches, peanut butter dippers, snack packs with nuts and nut muesli bars.

Your understanding and support in this very important health issue are greatly appreciated.

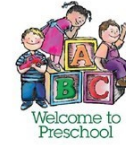
## SCHOOL HOURS

Children **ARE NOT** to be at school **BEFORE** 8.30am each morning and **must be collected at 3.00pm** each afternoon. Should your child need to be at school **EARLIER** than 8.30am or need to be collected **LATER** than 3.00pm, it is necessary for you to arrange for your child to be taken to **Out of Hours School Care** that is located on our premises. This is run by Wesley Out of School Hours Care and their contact number is 9626 1260.

# Preschool T-shirt

## PRESCHOOL T-SHIRTS

Students commencing at Seven Hills West Preschool receive a complimentary T-shirt and hat.



Additionally t-shirts are available for a small cost of \$15.00 per shirt.

Should you wish to make an additional purchase, please place your order at the Admin Office.

# Positive Behaviour for Learning

**SEVEN HILLS WEST IS A PBL SCHOOL!**

PBL encourages positive behaviour from students...

TO be a **SUPERHERO** at SHW, we need to follow these expectations:

**Be Respectful** **Be Safe** **Be Responsible** **Be a Learner**

When students meet these expectations they can be given a **SUPERHERO TOKEN**

When students earn **5 SUPERHERO TOKENS** from one expectation they will receive a **PBL CERTIFICATE** from that expectation

When a student earns **5 PBL CERTIFICATES** they will receive a **PBL SUPERHERO BADGE**.

## PBL Badge

### PBL BADGE RECIPIENTS FOR WEEK 6

#### RESPECTFUL

Kak Ajack

Sardip Guha

Taylah Adam



#### RESPONSIBLE

Mansi Kaur

Naman Chahal



#### LEARNER

Doaa Adam



## PBL Value for this fortnight:

SAFE



## Dental Visit

### NSW Health Primary School Dental Program

NSW Health is working with public primary schools to offer free dental check-ups and preventive care to students as part of a school-based mobile dental program. Your child's school has been selected to participate in this program.

All students are able to participate regardless of whether they hold a Medicare card or are eligible under the child dental benefit scheme (CDBS).

The program involves a mobile dental team making scheduled visits to your child's primary school. During the first appointment a dental check-up and preventive care package will be provided, subject to parental consent.

The program is scheduled to visit your child's school from Monday 8th June to Friday 12th June.

Parent Information and Consent Packs have now been sent home, including information sheets, consent forms and the program privacy statement. Parents/guardians who want their child to receive care are advised to:

1. Read all the information provided
2. Carefully complete the consent forms
3. Return the consent forms to the school as soon as possible

More information about the program is available on the NSW Health website: <https://www.health.nsw.gov.au/oralhealth/primaryschool/dental>.

## Health and Safety Matters

As well as keeping our staff and students safe on school grounds we aim to maintain a safe environment for parents. If you have a slip, trip or fall or any other issue related to parent safety in the school grounds please notify the office as soon as possible so we can endeavour to identify and resolve any hazards.

It is also a request that dogs not be brought onto the school site without prior permission. Companion dogs are always welcome as required, however pets in the school can cause stress to students and animals.

## Staff Car Park

A reminder to parents/caregivers. **The Staff car park IS NOT a 'walk through' area** or parking for area for parents.

Safety is of the utmost importance to our students and it would be appreciated if you would cooperate in regard to safety in our car park.

## Student Toilets

Just a friendly reminder that student toilets are **not to be used** by parents. If parents have a younger child that requires toileting assistance, please see the office staff to access the toilets located beside the new school hall.

Student toilets are to be used by **students** of Seven Hills West PS.

## Changes of Clothes

Children in Kindergarten to Year 2, can, on occasion, have an 'accident' by forgetting to go to the toilet at break time, or not advising the teacher that they need to go to the toilet.

This then results in children 'wetting' themselves and coming to the office for a spare change of clothes.

Our supplies are now depleted – so we ask that each parent with children in Kindergarten to Year 2 supply a change of clothing in their child's bag in case of emergencies.

We thank you for your support in this matter.

### SHWPS Administration Office

## Birthday Cakes

We welcome small individual cakes or the like if your child wishes to share his/her birthday with the class.

Candles **ARE NOT** permitted and teachers are **UNABLE** to cut cakes.

## Calendar

### TERM 1 – 2020

Planning Sheet for Term 1 – 2020					
8	Monday 16	Tuesday 17 P&C AGM 9.15am	Wednesday 18 P-6 Assembly 2.00pm - cancelled BfOPA Combined Choir Rehearsal 1 - cancelled	Thursday 19 School Leaders to Longneck Lagoon - cancelled	Friday 20 PSSA - cancelled Harmony Day
9	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27 PSSA - cancelled
10	Monday 30	Tuesday 31	APRIL Wednesday 1 Superhero Assembly 2.00pm - cancelled	Thursday 2	Friday 3 PSSA - cancelled
11	Monday 6 Kindy to Sydney Zoo - cancelled New date to be advised	Tuesday 7	Wednesday 8 P-6 Easter Half Parade 9.11 - cancelled	Thursday 9 Crazy Hair Day LAST DAY TERM 1	Friday 10 GOOD FRIDAY
	Monday 13 EASTER MONDAY	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24

### TERM 2 – 2020

Planning Sheet for Term 2 – 2020					
1	APRIL Monday 27 STAFF DEVELOPMENT DAY	Tuesday 28 Students Return	Wednesday 29	Thursday 30	Friday 1

Dates and activities are subject to change. Please review newsletter, our Facebook page and/or our school website, for any changes.

## Notes and Payments

Please be advised that all school notes and written communication are now placed on our website for your easy access. Families that have requested multiple copies will now need to access the website. We are encouraging the use of technology @ SHWPS!

## Important

It would be appreciated, if when completing permission notes, you could include **the child's FULL NAME (Given Name and Surname) AND CLASS**, in order for the office to correctly identify the student who is participating in the special activity.

## Sending money to school

If paying by cash or cheque, payment envelopes are available to allow office staff to quickly record details for our students.

**A reminder: A permission note must be completed for every student in the family for all activities. Please note the office does not carry change. Please provide the correct money with your payments. We encourage families to pay using our POP – Payment online system via our school website.**

## Collection of Money and Permission Notes

To ensure that students' needs are met on excursions, extra curricula activities and for visiting performances, it is necessary to have procedures in place regarding payments and permission notes. These procedures allow teachers to:

- Ensure that the correct number of teachers are allocated to an activity or excursion
- Buses are ordered for the right number of students
- Book correct numbers for all activities on excursions
- Organise supervision for students not involved in these activities
- Cancel activities if numbers are too low, within a reasonable timeframe.

It will also allow the office staff to have correct numbers, permission notes and money organised before the day of the activity or excursion.

These procedures include any area where money is paid to the school e.g. Excursions, visiting performances, sporting events, book club etc.

**For this to be implemented correctly all money must be paid to front office by the DUE DATE, there will be no exceptions.**

**Permission notes, fully completed with child's name and class, must be given to the front office once you have made your payment online, or at the same time as money is presented.**

In cases of financial hardship, the school may be able to assist by contributing a part payment.

Please contact the office for more information.

## Attendance

Student attendance records will be closely monitored. If your child is absent, it is important that a note/certificate explaining their absence is given to the classroom teacher when your child returns to school. Parents/Carers will be given a letter if an explanation is not provided for the student's absence and this must be completed and returned to the classroom teacher

so that the student's attendance records will be updated accordingly.

## Student Absences

The Department of Education deems that all students must attend school every day. Families are also advised that holidays should be taken during school holiday periods.

If your child is absent from school please notify the school in writing by either sending an email to the school email or sending a note to the class teacher explaining the absence.

**If your child is sick for one day, you DO NOT need to ring the school but can send a note to school with your child on the following day.**

Absences are recorded in the class roll and this roll is admissible as evidence in a court of law.

- Partial absences are also recorded in the roll, where a child arrives late to school or leaves school early.
- If a student is late to school, a parent should escort them to the office so they can give the reason for the late arrival.
- Students, who are constantly late to school, miss the morning lesson introduction and this can lead to gaps in learning.

**EVERY DAY COUNTS....**  
A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...* **Every day counts!**

Monday  
Tuesday  
Wednesday  
Thursday  
Friday

Please endeavour to maximize your child's attendance at school to ensure that they have the best start possible, every day!

If you are intending to take leave for more than three days, and you know in advance, it is important that this be discussed with the school as an application for leave may be required. If your child is absent for longer than three days it is important that you contact the school to let them know the reason for the absence.

## Working with Children Check

We have received clarification from the department of education in regards to the requirements for parents and carers doing voluntary work with students in any NSW school.

We have been advised that a WWCC certificate is not required.

Any parent or carer doing voluntary work with students at Seven Hills West P.S will need to

- Complete Appendix 5 form (obtain from front office)
- 100 points of ID

Please ensure you visit the School office complete the above requirements prior to commencing volunteering duties.

Thank you for following this process to keep all of our children safe.

## P & C News



### Loose Change Drive

The P&C is planning to run a loose change drive to raise funds for the school during Term 1 until the middle of Term 2.

Jars will be placed in each classroom for the collection of change.

The class that raises the highest amount per child will be awarded prizes at the end. A graph of the progress will be shown in the school newsletters.

Keep an eye on your classes tally. Lets see what we can raise.



1H is still leading in the K-2 classes and 5/6H is still leading in the 3-g classes.

## P&C Easter Raffle



Seven Hills West Public School  
P&C Association  
Cnr Lucas Rd and Sackville St Seven Hills NSW 2147  
e-mail: sevenhills@school.nsw.edu.au  
Telephone: 9632 2136 Facsimile: 9631 6437

### P&C EASTER RAFFLE 2020

Dear Parents/Caregivers

The P&C is once again, holding an Easter Raffle on Wednesday 8<sup>th</sup> April to raise much needed funds for our school.

In order for this to be a success, we kindly ask you to make a donation of an Easter Egg that will go towards making our raffle prizes.

Donations can be left at the Canteen, and for EVERY donation, a FREE RAFFLE TICKET will be given to your child.

Please assist us in this event and we thank you for your contributions.

P&C Committee



## Uniform Shop & Canteen

These facilities provide an essential service to the school. They are run by the P&C and require volunteers. If you have some spare time and would like to be involved with our uniform shop or canteen, please come and see us at the canteen.

### Canteen

Parents, please note that the canteen only holds a SMALL amount of change. Kindly, **DO NOT bring \$50 and \$100** when ordering, as we only hold a coin float and cannot accommodate you with change.



SEVEN HILLS WEST PUBLIC SCHOOL - CANTEN PRICE LIST 2020  
LUNCH ORDERS MUST BE PLACED BEFORE 9AM  
RECESS CANNOT BE ORDERED

SANDWICHES - all year		HOT FOOD ALL YEAR	
Multigrain 70c extra per sandwich		Hot Dogs	3.00
Vegetable/Jam/Honey	2.00	Pie - with or without sauce	3.80
Tomato	2.60	Cheese Toastie	2.70
Cheese	2.60	Mac Cheese	3.80
<b>Salad Sandwich</b>	3.80	Lasagne- Beef/ Chicken	3.80
Cheese, Tomato, Beetroot, Lettuce,		Fried Rice	3.80
Cucumber and Carrot		Chicken Burger	3.80
Tuna	3.00	(chicken patty, lettuce, mayo on bun)	
Ham	3.80	Cheese Burger	3.80
Chicken (roasted)	3.80	(beef patty, cheese, sauce on bun)	
Chicken & Salad	4.80	Nuggets	3.80
Ham & salad	4.80	(6 nuggets & sauce-extra nuggets 70c ea)	
<b>Wraps - all year</b>		Pizza	3.80
Salad	4.00	BBQ Chicken / Cheese	
Chicken	5.00	Corn on the Cob	.80
Chicken & Salad	5.50	Garlic Bread	.80
Ham & salad	5.50	Mini Sausage Rolls	.80
<b>Extras</b>			
Sauce sachets	.50		
Spoon / fork	.10		
Tomato	.60		
Cheese	.60		
<b>SALAD BOWLS ALL YEAR</b>			
Salad	4.70		
Chicken & Salad	5.70		
Ham & Salad	5.70		
Tuna & Salad	5.70		
<b>RECESS</b>			
Fruit (Apples/Oranges)	.80		
Cheese & Crackers	.60		
Cookies / Pies/lets	.20		
Red Rock-Sea Salt	1.00		
Grain Waves	1.10		
Popcorn	1.00		
Frozen Pineapple	.10		
Frozen Orange	.10		
Frozen Fruit Bites	.20		
		<b>WINTER MENU STARTS TERM 2 &amp; 3</b>	
		Spaghetti Bolognaise	3.80
		Vegetarian Lasagne	3.80
		<b>DRINKS</b>	
		Flavoured Milk	1.80
		Water	1.10
		Up & Go	1.80
		Plain Milk	1.50
		Poppers	1.60
		Bombs	2.00



## Uniform Shop

### UNIFORM SHOP

### NEW HOURS

as from 23<sup>rd</sup> March

Uniform Shop will be open

**EVERY MONDAY**

8.30am to 9.30am



Opening Hours

Every MONDAY during school term 8.30am – 9.30am

**P & C Committee**

## Community News



  
**LabRats Sydney**

**SCIENCE MADE FUN!**

Visit our website:  
[www.LabRatsSydney.com.au](http://www.LabRatsSydney.com.au)  
e-mail: [labratssydney@outlook.com](mailto:labratssydney@outlook.com)  
or call: 0416 929 306

The **ULTIMATE** school holiday activity!  
Come along to our science themed workshops.  
Design, build, create and experiment.  
Take your masterpieces home and amaze your family and friends  
"PRIZES TO BE WON"

We accept Creative Kids Vouchers as we are an approved provider under STEM  
Workshops run from 10am–4pm (Lunch provided)  
Cost \$100 /child for TWO workshops in the calendar year.

## Schoolzine



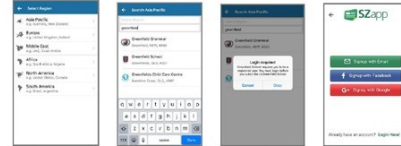
**Seven Hills West Public School**  
Respectful, Safe, Responsible Learners

### INSTALLING SZapp

Apple devices:  
1. On your device, open the App Store.  
2. Search the App Store for SZapp.  
3. Download and install SZapp.

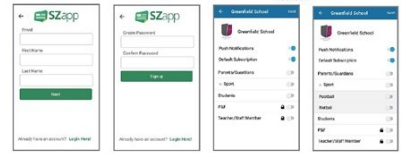


Android devices:  
1. On your device, open the Play Store.  
2. Search the Play Store for SZapp.  
3. Download and install SZapp.



1. FIND YOUR SCHOOL  
Select your school's region.  
Search for and select your school.

2. REGISTER A USER  
Before you can add your school, you will need to register. Register your Email, or sign in with Google or Facebook.



3. REGISTER A USER  
Enter your email and name and then create a password.

4. MANAGING NOTIFICATIONS  
Choose which group/s you would like to receive notifications from. Groups with arrows indicate that there are Sub-groups, which you can join.

**SZapp**

Our Lucas Road and Sackville Street, Seven Hills NSW 2147  
Telephone: 9622 2156 Facsimile: 9631 6437 Email: [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)

 A Proud PBL School (Positive Behaviour for Learning)

## Facebook



**Seven Hills West Public School**  
Respectful, Safe, Responsible Learners



### SEVEN HILLS WEST IS ON FACEBOOK!


Stay connected and up-to-date with news and upcoming events at Seven Hills West Public School.

Step 1: Log into your personal Facebook account.

Step 2: Search 'Seven Hills West Public School'


Step 3: Click on 'Pages'



Step 4: Like 

Please also visit our website [www.sevenhillw-p.school@det.nsw.edu.au/](http://www.sevenhillw-p.school@det.nsw.edu.au/) for more information, notes and notices.

Our Lucas Road and Sackville Street, Seven Hills NSW 2147  
Telephone: 9622 2156 Facsimile: 9631 6437 Email: [sevenhillw-p.school@det.nsw.edu.au](mailto:sevenhillw-p.school@det.nsw.edu.au)

 A Proud PBL School (Positive Behaviour for Learning)

## Important



Please note, SHWPS Facebook page is for informing parents of up-coming events/changes in dates/event cancellations and also showcasing photos of students and their events.

**DO NOT use this forum to request appointments/interviews** with teachers or ask about upcoming events. Should you need to contact a teacher or have a question, please ring the school on 9622 2136 to assist you with your enquiries.

Thanks.