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19 February 2020

Principal's Message

Thank you to all families who attended our Year 1 – Year 6 Meet the Teacher afternoon yesterday. It was wonderful to meet you. We look forward to the scheduled Kindergarten Meet the Teacher after school today and encourage all our Kindergarten families to attend. Additionally, the amended meetings for K-2G, 3-6M and 4/5R will be held on Thursday afternoon 20th February 2020.

At Seven Hills West we make a significant effort to tailor the learning and the teaching to every student. Sometimes this requires us to work with you to make an Individualised Education Plan. We formulate these plans to give specific goals to students to help them achieve personal targets that enable them access to learning. Usually these are short sharp goals that lead to a bigger outcome and are always written in consultation with you. We may call you to help us really hone in on the skills and strategies your child may need to be their very best and as the expert, you are the best source of information. We keep you in the loop about the progress your child is making and make regular adjustments to ensure we are on the right path. You can request a meeting to discuss this with us if you feel your child may benefit from an Individualised Education Plan.

Over the next couple of weeks, our staff are also reviewing and evaluating the Personalised Learning Pathways for our Aboriginal students. Your child's teacher will make contact with you in the next couple of weeks to touch base about your child and work on refining their learning pathway and ensuring that your child enjoys coming to school and has everything they need to make connections to their learning.

In light of these significant opportunities to build healthy parent-teacher relationships during your child's schooling, I have included some research below that highlights the importance of strong connections between home and school.

We look forward to working with you to support your child's education this year.

Building healthy relationships with teachers by Michael Grose

Studies show that healthy parent-teacher relationships are a more significant factor in student success than parent income levels or social status. Parent-teacher relationships require effort and energy from both parties if they are going to really benefit children and young people. Here are some strategies to help you build a healthy working relationship with teachers in the year ahead.

Get to know them

For your partnership to be meaningful and successful, you need to meet with your children's teacher(s) with the goal of forming a respectful professional relationship. Be willing to share your aspirations for your child and be willing to build the teacher's knowledge about your family. For balanced perspective, also gain an understanding of the teacher's approach and what focus areas they have for their particular year group. This can be done formally by attending start of the year information evenings and informally through conversations, reading newsletters and staying in touch in digitally and in real-time.

Trust their professionalism

Children need to know that their parents are fully behind what their teachers are trying to achieve if they are going to commit fully to learning. The best way to support your child's teacher is to trust their knowledge, professionalism and experience. Avoid the temptation to question the expertise of teachers in front of students, particularly when the teachers use methods that you are unfamiliar with. Initiate conversations with teachers around methodology to give them the chance to explain the approach they are taking.

Go through the right channels

Despite the best teaching practices things do go wrong at school. Kids experience learning difficulties. Conflict and peer

rejection happen. Kids will often come home from school with grievances, and call on you for assistance. Resist the urge to react emotionally. If you need to contact teachers do so respectfully, calmly and through the correct channels. A measured response will generally achieve the best result for your child.

Build links to student learning

There's a huge body of research that points to the correlation between parent engagement in student learning and their educational success. If you want your child to improve their learning, take an interest in what they are doing. Follow school and teacher guidelines about helping at home and attend as many conferences, meetings and events involving your child as possible. This strategy has a significant, long-term impact on your child's attitude to learning.

Stay in touch

Life's not always smooth sailing for kids of any age. Family circumstances change. Friends move away. Illness happens. Mental health challenges can hit anyone at any time. These changes affect learning. Make sure that you keep teachers up to date with significant changes or difficulties that your child or young person experiences so they can accommodate your child's emotional and learning needs at school.

Be loyal

Show your loyalty to your child's teachers by being an advocate. Talk positively about your child's teacher and school, rather than being negative about them when speaking in the wider community. Teachers hold very public positions and generally work hard to build good reputations both within their school and their wider education community. Consider a teacher's reputation among the community and also with children when you discuss educational matters with others.

Building healthy parent-teacher relationships doesn't just happen

It takes goodwill from both sides, a commitment to setting aside the time necessary to support the home-based learning tasks that are expected, and a willingness to communicate both concerns and commendations through the correct channels.

Mrs A Dziubinski
Relieving Principal

NSW Premier's Reading Challenge Returns

The PRC Challenge is back and aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature.

It is not a competition but a challenge to each student to read, to read more and to read more widely.

More information and a new booklist will be released soon, but for now, let's get those reading brains warmed up! It all kicks off again March 2nd."

Thank you!

Kind regards,
Mrs S James

KINDERGARTEN 2020

It's been an amazing start to Kindergarten. KC and KZG are learning new routines, making friends and finding out how fun and tiring big school can be.

Look forward to meeting all our families at Meet the Teacher evening- Wednesday 19th February at 3:15pm.



Lining Up

As from Monday 17th February – morning lining up areas are changed.

Please be aware of the following:

Kindergarten to Year 2 mainstream and support – line up under Canteen
2/3P and Years 3 to 6 mainstream and support – line up under COLA

Important Reminders

ALLERGY ALERT

In the interests of the health and safety of all our students please ensure that your child does not bring anything to school for recess or lunch which contains nut and/or egg products. This will include peanut butter or Nutella spread on sandwiches, peanut butter dippers, snack packs with nuts and nut muesli bars.

Your understanding and support in this very important health issue are greatly appreciated.

SCHOOL HOURS

Children **ARE NOT** to be at school **BEFORE** 8.30am each morning and **must be collected at 3.00pm** each afternoon. Should your child need to be at school **EARLIER** than 8.30am or need to be collected **LATER** than 3.00pm, it is necessary for you to arrange for your child to be taken to **Out of Hours School Care** that is located on our premises. This is run by Wesley Out of School Hours Care and their contact number is 9626 1260.

Preschool T-shirt

PRESCHOOL T-SHIRTS

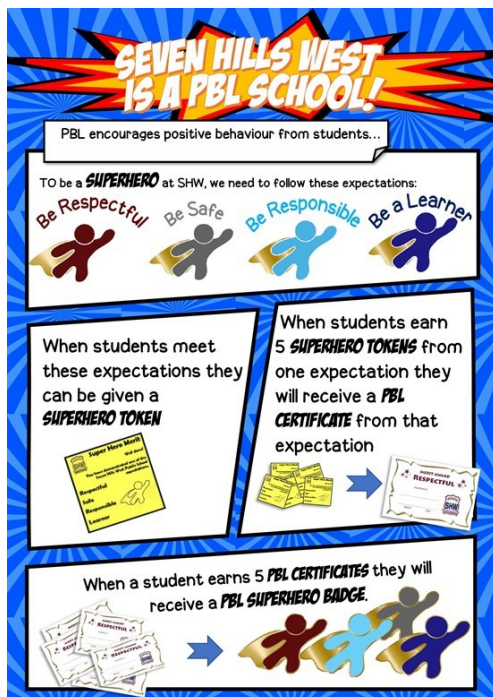
Students commencing at Seven Hills West Preschool receive a complimentary T-shirt and hat.



Additionally t-shirts are available for a small cost of \$15.00 per shirt.

Should you wish to make an additional purchase, please place your order at the Admin Office.

Positive Behaviour for Learning



Health and Safety Matters

As well as keeping our staff and students safe on school grounds we aim to maintain a safe environment for parents. If you have a slip, trip or fall or any other issue related to parent safety in the school grounds please notify the office as soon as possible so we can endeavour to identify and resolve any hazards.

It is also a request that dogs not be brought onto the school site without prior permission. Companion dogs are always welcome as required, however pets in the school can cause stress to students and animals.

Staff Car Park

A reminder to parents/caregivers. The Staff car park IS NOT a 'walk through' area or parking for area for parents.

Safety is of the utmost importance to our students and it would be appreciated if you would cooperate in regard to safety in our car park.

Student Toilets

Just a friendly reminder that student toilets are not to be used by parents. If parents have a younger child that requires toileting assistance, please see the office staff to access the toilets located beside the new school hall.

Student toilets are to be used by students of Seven Hills West PS.

Changes of Clothes

Children in Kindergarten to Year 2, can, on occasion, have an 'accident' by forgetting to go to the toilet at break time, or not advising the teacher that they need to go to the toilet.

This then results in children 'wetting' themselves and coming to the office for a spare change of clothes.

Our supplies are now depleted – so we ask that each parent with children in Kindergarten to Year 2 supply a change of clothing in their child's bag in case of emergencies.

We thank you for your support in this matter.

SHWPS Administration Office

Birthday Cakes

We welcome small individual cakes or the like if your child wishes to share his/her birthday with the class.

Candles **ARE NOT** permitted and teachers are **UNABLE** to cut cakes.

Calendar

TERM 1 - 2020

Planning Sheet for Term 1 - 2020				
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
5		EnviroMentors Incursion - Stage 1		
6	MARCH Monday 2	Tuesday 3	Wednesday 4	Thursday 5
		Superhero Assembly 2.00pm		Friday 6
7	Monday 9	Tuesday 10	Wednesday 11	Thursday 12
		Smooth Walking - Year 6		Friday 13
8	Monday 16	Tuesday 17	Wednesday 18	Thursday 19
	P&C AGM 9.15am	P-4 Assembly 2.00pm	School Leaders to Longneck Lagoon	Friday 20
		BfoPA Combined Choir Rehearsal 1		
9	Monday 23	Tuesday 24	Wednesday 25	Thursday 26
				Friday 27
10	Monday 30	Tuesday 31	APRIL Wednesday 1	Thursday 2
		Superhero Assembly 2.00pm		Friday 3
11	Monday 6	Tuesday 7	Wednesday 8	Thursday 9
			LAST DAY TERM 1	Friday 10
	Monday 13	Tuesday 14	Wednesday 15	Thursday 16
	EASTER MONDAY			GOOD FRIDAY
	Monday 20	Tuesday 21	Wednesday 22	Thursday 23
				Friday 24

Dates and activities are subject to change. Please review newsletter, our Facebook page and/or our school website, for any changes.

Notes and Payments

Please be advised that all school notes and written communication are now placed on our website for your easy access. Families that have requested multiple copies will now

need to access the website. We are encouraging the use of technology @ SHWPS!

Important

It would be appreciated, if when completing permission notes, you could include **the child's FULL NAME (Given Name and Surname) AND CLASS**, in order for the office to correctly identify the student who is participating in the special activity.

Sending money to school

If paying by cash or cheque, payment envelopes are available to allow office staff to quickly record details for our students.

A reminder: A permission note must be completed for every student in the family for all activities. Please note the office does not carry change. Please provide the correct money with your payments. We encourage families to pay using our POP – Payment online system via our school website.

Collection of Money and Permission Notes

To ensure that students' needs are met on excursions, extra curricula activities and for visiting performances, it is necessary to have procedures in place regarding payments and permission notes. These procedures allow teachers to:

- Ensure that the correct number of teachers are allocated to an activity or excursion
- Buses are ordered for the right number of students
- Book correct numbers for all activities on excursions
- Organise supervision for students not involved in these activities
- Cancel activities if numbers are too low, within a reasonable timeframe.

It will also allow the office staff to have correct numbers, permission notes and money organised before the day of the activity or excursion.

These procedures include any area where money is paid to the school e.g. Excursions, visiting performances, sporting events, book club etc.

For this to be implemented correctly all money must be paid to front office by the DUE DATE, there will be no exceptions.

Permission notes, fully completed with child's name and class, must be given to the front office once you have made your payment online, or at the same time as money is presented.

In cases of financial hardship, the school *may* be able to assist by contributing a part payment.

Please contact the office for more information.

Attendance

Student attendance records will be closely monitored. If your child is absent, it is important that a note/certificate explaining their absence is given to the classroom teacher when your

child returns to school. Parents/Carers will be given a letter if an explanation is not provided for the student's absence and this must be completed and returned to the classroom teacher so that the student's attendance records will be updated accordingly.

Student Absences

The Department of Education deems that all students must attend school every day. Families are also advised that holidays should be taken during school holiday periods.

If your child is absent from school please notify the school in writing by either sending an email to the school email or sending a note to the class teacher explaining the absence.

If your child is sick for one day, you DO NOT need to ring the school but can send a note to school with your child on the following day.

Absences are recorded in the class roll and this roll is admissible as evidence in a court of law.

- Partial absences are also recorded in the roll, where a child arrives late to school or leaves school early.
- If a student is late to school, a parent should escort them to the office so they can give the reason for the late arrival.
- Students, who are constantly late to school, miss the morning lesson introduction and this can lead to gaps in learning.



Please endeavour to maximize your child's attendance at school to ensure that they have the best start possible, every day!

If you are intending to take leave for more than three days, and you know in advance, it is important that this be discussed with the school as an application for leave may be required. If your child is absent for longer than three days it is important that you contact the school to let them know the reason for the absence.

Working with Children Check

We have received clarification from the department of education in regards to the requirements for parents and carers doing voluntary work with students in any NSW school.

We have been advised that a WWCC certificate is not required.

Any parent or carer doing voluntary work with students at Seven Hills West P.S will need to

- Complete Appendix 5 form (obtain from front office)
- 100 points of ID

Please ensure you visit the School office complete the above requirements prior to commencing volunteering duties.

Thank you for following this process to keep all of our children safe.

P & C News

Hoping all students, staff and parents have settled into their 2020 school routine.

Our first fundraiser for 2020 has begun with the collection of loose change – any change is gratefully accepted.

REMINDER – PLEASE PUT THIS DATE IN YOUR CALENDER

We would appreciate as many parents as possible to attend our AGM Meeting, which will be held Tuesday 17th March at 9.15am.



The P&C is planning to run a loose change drive to raise funds for the school during Term 1 until the middle of Term 2.

Jars will be placed in each classroom for the collection of change.

The class that raises the highest amount per child will be awarded prizes at the end. A graph of the progress will be shown in the school newsletters.

Keep an eye on your classes tally. Lets see what we can raise.

Uniform Shop & Canteen

These facilities provide an essential service to the school. They are run by the P&C and require volunteers. If you have some spare time and would like to be involved with our uniform shop or canteen, please come and see us at the canteen.

Canteen

Parents, please note that the canteen only holds a SMALL amount of change. Kindly, **DO NOT bring \$50 and \$100** when ordering, as we only hold a coin float and cannot accommodate you with change.

  	
SEVENS HILLS WEST PUBLIC SCHOOL - CANTEN PRICE LIST 2020 LUNCH ORDERS MUST BE PLACED BEFORE 9AM RECESS CANNOT BE ORDERED	
SANDWICHES - all year Multigrain 70c extra per sandwich Vegemite/Jam/Honey 2.00 Tomato 2.60 Cheese 2.60 Solid Sandwich 3.80 Cheese, Tomato, Beetroot, Lettuce, Cucumber and Carrot Tuna 3.00 Ham 3.80 Chicken (roasted) 3.80 Chicken & Salad 4.80 Ham & salad 4.80 Wraps - all year Salad 4.00 Chicken 5.00 Chicken & Salad 5.50 Ham & salad 5.50 Extras Sauce sachets .50 Spoon / fork .10 Tomato .60 Cheese .60 SALAD BOWLS ALL YEAR Salad 4.70 Chicken & Salad 5.70 Ham & Salad 5.70 Tuna & Salad 5.70 RECESS Fruit (Apples/Oranges) .80 Cheese & Crackers .60 Cookies / Pikelets .20 Red Rock-Sea Salt 1.00 Grain Waves 1.10 Popcorn 1.00 Frozen Pineapple .10 Frozen Orange .10 Frozen Fruit Bites .20	HOT FOOD ALL YEAR Hot Dogs 3.00 Pie - with or without sauce 3.80 Cheese Toastie 2.70 Mac Cheese 3.80 Lasagne- Beef / Chicken 3.80 Fried Rice 3.80 Chicken Burger 3.80 (chicken patty, lettuce, mayo on bun) Cheese Burger 3.80 (beef patty, cheese, sauce on bun) Nuggets 3.80 (6 nuggets & sauce-extra nuggets .70c ea) Pizza- 3.80 BBQ Chicken / Cheese Corn on the Cob .80 Garlic Bread .80 Mini Sausage Rolls .80 WINTER MENU STARTS TERM 2 & 3 Spaghetti Bolognese 3.80 Vegetarian Lasagne 3.80 DRINKS Flavoured Milk 1.80 Water 1.10 Up & Go 1.80 Plain Milk 1.50 Poppers 1.60 Bombs 2.00



Uniform Shop

Opening Hours

Every Tuesday during school term 8.30am – 9.30am

P & C Committee

Community News



O'GRADY DRAMA

we don't just teach drama, we teach life!

After-school drama classes that will make the world their stage.

join a class in 2020

☎ 0438 788 080
 ✉ sydneywest@ogradydrama.com.au
 🌐 ogradydrama.com.au

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Acrobatics Kartwheeling and flipping to be strong acrobats

Tap Exploring musicality and rhythms.

Ballet Improving posture, confidence and discipline

Hip Hop Girls only and boys only classes!

Kinderballet Developing Preschool/kindergarten students through Dance

16 Hollis Street, Constitution Hill
Phone // 0415155622
Email // bustamovesmd@gmail.com
Website // <https://www.bustamovesmd.com>

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email@hockeyblacktown.org.au <http://www.hockeyblacktown.org.au>

Blacktown Kings • Lalor Park Blue Tongues • Seven Hills Scorpions • The Ponds Pride • Woodcroft Wood Ducks

THE HILLS SPORTS HIGH SCHOOL
OPEN AFTERNOON
WEDNESDAY 4TH MARCH 2020
3.30pm-6pm

2020 Year 6 students and their parents are invited to attend The Hills Sports High School Open afternoon. Come along and meet staff, explore what learning opportunities are available, visit our specialist rooms including the Technology Centre and Science Laboratories for practical lessons.

Tours of the school will occur every half hour until 5.30pm.

TALENTED SPORTS PROGRAM INFORMATION

An information session will be conducted for students and parents interested in the Talented Sports Program for Year 7 2021 at 4.30pm & 6:00 pm. Sports on offer are AFL, Athletics, Baseball, Cheerleading, Cricket, Netball, Rugby League, Rugby Union, Rugby "7's" (Girls), Soccer, Softball, Swimming, Touch Football, and Water Polo.

Sport Trials will be held in May/June 2020.
Talented Sports applications close Friday 15th May 2020.

hillSpesso

ENJOY A REFRESHMENT AS YOU TOUR THE SCHOOL, PROVIDED BY OUR SENIOR HOSPITALITY STUDENTS

PRICES

COFFEE	
SMALL	\$3.00
LARGE	\$3.50
MILKSHAKES	\$4.00

Seven Hills Secondary School

Seven Hills High School

Open Night
March 5
5.30pm-7.00pm

At Seven Hills High School, we provide quality educational programs for all our students.

We invite you to discover the opportunities available for your child.

For prospective students and their families

Join us at 5.30pm for a Sausage Sizzle, then:

- Hear about our school programs and the opportunities available for our students as part of the Nirimba Collegiate of schools;
- Experience a guided tour of our school facilities

For more information about our Open Night or enrolments, please contact the Principal, Greg Johnstone, on 9624 3329.

MITCHELL HIGH SCHOOL
OPEN NIGHT

EXCELLENCE IN EDUCATION SINCE 1969

YEAR 6 INTO YEAR 7 (2021)

Mitchell High School delivers and pursues academic excellence through quality teaching and a friendly supportive learning environment. At the open night, you will:

- Meet and mingle with our Senior Executive and enthusiastic teaching staff.
- Tour our school grounds.
- Explore our modern classrooms and technologies.
- Discover educational opportunities available for students.
- Learn about our strong record of academic, sporting and cultural achievements.
- Hear about our active Parent & Citizen Committee (P&C) and Parent Forum.

Tuesday 3 March 2020 | 6.30 pm – 8.30 pm
Mitchell High School Hall | Keyworth Drive Blacktown

Facebook

Important



Please note, SHWPS Facebook page is for informing parents of up-coming events/changes in dates/event cancellations and also showcasing photos of students and their events.

DO NOT use this forum to request appointments/interviews with teachers or ask about upcoming events. Should you need to contact a teacher or have a question, please ring the school on 9622 2136 to assist you with your enquiries.

Thanks.